



Press Release

For Immediate Release

East Surrey MP Visits Caterham Nursing Home

A nursing home in Surrey welcomed a visit from its local MP who wanted to learn more about the services on offer and how people's nursing needs are met.

Claire Coutinho, Conservative MP for East Surrey, visited Tupwood Gate Nursing Home in Surrey. The service supports individuals looking for residential, nursing and dementia care and offers post-operative intermediate care, dementia specialist care and respite care, as well as palliative and end-of-life support.

She praised the "wonderful care" provided by staff at the service, which was recently recognised at the annual Care Home Awards 2023 for receiving first class feedback from residents and their loved ones.

Claire toured the facility, run by leading health and social care provider Cygnet Health Care, and spoke to staff and residents during her visit, finding out about initiatives including Move and Groove, an intergenerational music and sport collaborative project which included the participation of the residents at Tupwood Gate Nursing Home.

Tupwood Gate Nursing Home were linked with Clifton Hill School, a Special School in Caterham for children and young people aged 11-19 with severe and profound multiple learning difficulties. The young people and their teachers visited Tupwood every Friday morning and participated in a music and movement facilitated session with a group of residents. The project was named a finalist in this year's National Children and Young People Awards.

Paula Deadman, Cygnet Health Care Manager for Tupwood Gate Nursing Home, said it was a positive visit for everyone.

She added: *"It was lovely to meet Claire and we're delighted that she has recognised the care, compassion and dedication of our team at Tupwood."*

"It was very nice of her to take time out of her busy schedule to come and see us, the staff and residents all enjoyed meeting her and had an opportunity to have a conversation. We take great pride in what we achieve here and it meant a lot to staff that Claire took the time to really listen to us and that we were given an opportunity to share our work with her."

"We enjoyed showcasing Tupwood Gate and all the great work that we do here in her constituency to look after our residents and helping them to live life to the fullest."

Talking about the visit, Claire said: *"It was a real privilege to meet Paula and the staff at Tupwood Gate Nursing Home, where I saw the wonderful care they provide for their residents."*

“I was particularly heartened to hear about the work they have done with local children with special educational needs and disabilities, welcoming them into the home to reduce loneliness among their residents – something I’m really passionate about.”

Ends

Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

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