



# Your guide to Supported Living with Cygnnet

North East

# Supported Living

## North East



Cygnets runs the bungalow based in the North East of England.





The bungalow is for up to 4 people.  
This means you will live with other people.



You will have your own bedroom.



You will have your own bathroom.



You will share a kitchen and living room.

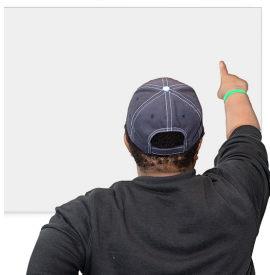


Staff can help you with activities  
and help you to learn new skills.

# About Supported Living



Supported living is an important step towards **independence**.



Being **independent** helps you make more choices about the life you want to live.



We will make sure you have what you want and need in your home.

# How we support you



We will talk to you to find out what you like to do.



We will work with you to achieve your goals and dreams.



We help you build your skills and confidence.



We can remind you to take your medicines.



We can help you live in a healthy way.



We can help you to go clothes shopping and keep your clothes looking nice.



gardening



meet new  
people



to look after  
your money

What skills  
would you  
like to learn?



make food



housework

# We can help you to:



- join clubs and social groups



- go shopping



- keep in touch with friends and make new friends



- see your family



- get a job or work experience

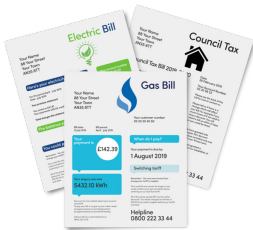
# Paying for things



You can use your own money to pay for these things:



- clothes



- household bills and rent



- getting your hair cut



- activities you want to do





Cygnets get money to support you.



The money pays for people to support you.



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