



Your guide to Supported Living with Cygnnet

North West

Supported Living

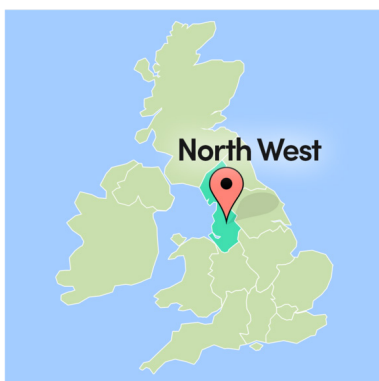
North West



Registered address:
London Road,
Oak Grove,
Macclesfield,
North West
SK11 0JG



Cygnet Cygnet runs the flats
and houses based in the
North West of England.



There are 4 locations in the North West:



Macclesfield



Warrington



Preston



Wigan





Some of our flats and houses are for 1 person. This means you will live by yourself. You will not share your flat or house with another person.

You will have your own:



- bedroom



- bathroom



- kitchen



- living room



Staff can help you with activities and help you to learn new skills.



Some of our flats and houses are for 2 people. This means you will live with another person.



You will have your own bedroom.



You will have your own bathroom.



You will share a kitchen and living room.

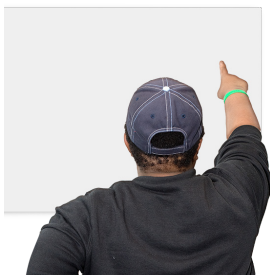


Staff can help you with activities and help you to learn new skills.

About Supported Living



Supported living is an important step towards **independence**.



Being **independent** helps you make more choices about the life you want to live.



We will make sure you have what you want and need in your home.

How we support you



We will talk to you to find out what you like to do.



We will work with you to achieve your goals and dreams.



We help you build your skills and confidence.



We can remind you to take your medicines.



We can help you live in a healthy way.



We can help you to go clothes shopping and keep your clothes looking nice.



gardening



meet new
people



to look after
your money

What skills
would you
like to learn?



make food



housework

We can help you to:



- join clubs and social groups



- go shopping



- keep in touch with friends and make new friends



- see your family



- get a job or work experience

Paying for things



You can use your own money to pay for these things:



- clothes



- household bills and rent



- getting your hair cut



- activities you want to do



Cygnets get money to support you.



The money pays for people to support you.

Address

Cygnnet
4 Millbank, 3rd Floor,
Westminster,
London,
SW1P 3JA

Telephone

0207 123 5706

Website

www.cygnnetgroup.com

CYG_ER_002c | Date updated: 21/04/23



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