Model of Care for our PICU/Acute Services



My Past

I will live in an environment that enables me

I will be supported by specially trained staff

The team supporting me will be resilient and striving

My progress will focus on improving my quality of life

At Cygnet Health Care we are doing all we can to make a positive difference. To help guide us & ensure we are working together to achieve this we have collaboratively developed our Model of Care for our PICU/Acute Services. A guide that shows what we do as an organisation to meet the acute needs of adults requiring rapid access to mental health services, including those who may need an intensive care environment.



Stage Four

Transition & Discharge My Future (4 - 8 weeks)

- > MDT to invite Care Coordinator and family to discharge meeting
- Handover of clinical records, body maps and any safeguarding issues
- > Nurse to complete discharge GAP score, Ward Doctor to complete discharge summary within 10 working days
- > Discharge notification to be sent within 24 hours of discharge

Stage Two

Formulation My Skills (1 week)

- > Formulation of diagnosis, review care plan and risks
- Complete OT (Occupational Therapy) and Psychology screening and assessment
- > MDT (Multi-disciplinary team) review & communication with stakeholders

Stage Three

Treatment My Independence (1 - 4 weeks)

- Weekly MDT review, daily review of enhanced observation levels, weekly review of psychological engagement
- Debrief and reflective practice after serious incidents, restraints and seclusions
- Monitor compliance with treatment plan and identification of relapse signatures
- MDT to consider discharge planning

Stage One

Admission & Assessment Understanding me (72 hours)

- > Induction to the ward and introduction to the team
- > Welcome pack provided to the individual in our care including Mental Health Act rights and advocacy services
- Admitting nurse to complete initial care plan, including physical health risk assessment, admissions checklist & GAP score
- Medical team to review response to medication and liaise with GP as appropriate
- > Complete physical health investigation
- > Invite Care Coordinator and family to ward rounds