

Cygnet Psychology Conference and Awards 2023

Innovations in Psychology

09:30	Event open and poster viewing	
10.00	Welcome – Shaun Keegan, Regional Director of Psychology, Cygnet Health Care	
10.15	My time as BPS President and working in psychology today – Dr Katherine Carpenter, Consultant Clinical Psychologist and Neuropsychologist	
11.00	Break and poster viewing	
11.20	The Compassionate Psychologist - Dr Chris Irons, Co-director of Balanced Minds	
12:05	Screen break	
	Symposiums – Select from the below:	
12.10	Main room	Break out room
	Cultural Awareness and Its Impact in a Clinical Setting	The evolution of the Assistant Psychology Development Programme
12.40	Lunch and poster viewing	
	Symposiums – Select from the below:	
13:40	Main room	Break out room
	Creative therapies	 Cygnet research: evidencing our practice
14:10	Screen break	
14:15	Symposiums – Select from the below:	
	Main room	Break out room
	• EMDR	 Developing an understanding of the Frontal Lobe Paradox through clinical group discussions
14.45	Break and poster viewing	5 .
15:05	Understanding trauma over the life span: Putting problems in context - Dr Sam Warner, Consultant Clinical Psychologist	
15:50	Screen break	
15:55	Awards ceremony – Hosted by Shaun Keegan, Regional Director Psychology and Dwayne Smith, Peer Consultant-Lived Experience Practitioner & Co-Production Advisor Innovator of the year Psychology team of the year Psychologist of the Year Assistant Psychologist of the Year	
16:25	 Allied Health Professional of the Year Researcher of the Year Award winning poster Closing words – Shaun Keegan, Regional Director Psychology, Cygnet Health Care	