

Specialist residential service for adults with autism and learning disabilities

Nightingale, Dorset

Good

Now taking referrals



Nightingale is a 10 bed specialist residential service for adults with autism and learning disabilities, who may present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.



Mixed gender



18+ years



10 beds



Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism & learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- > May have an ECHP (Education Healthcare Plan)
- > May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

Our service at a glance

Based in Bournemouth with beautiful views of the sea, Nightingale consists of two detached properties that are connected by an entrance vestibule. Within the service there are spacious communal lounges, two kitchens, dining rooms as well as a sensory room and activity space. Externally in the garden, individuals are supported to take part in sports and activities as well as be able to relax and enjoy the peace and quiet.

Just a two minute walk to the coast, the service is situated within a bustling community with plenty of local amenities to help promote integration and independence. The residents are encouraged to be involved in the local community as much or as little as they wish to be. As part of our care pathway, Nightingale enables each individual to build upon their skills to achieve further independence, self-advocacy and confidence, leading to better quality of life.

Our activity co-ordinator supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

Our facilities:

- > En-suite bedrooms
- > Spacious communal lounges
- > Dining rooms
- > Two kitchens
- > Sensory room
- > Recreational and arts facilities
- > Garden with outdoor seating

★ ★ ★ ★ ★
 Rated 'Good' by the CQC



Achieved the Dignity in Care award
 Dignity in the heart, mind & actions
 www.dignityincare.org.uk



Independent advocate attends the service




Homely environment with 24 hours support



Links with local community to support education, work placements and activities



On-site multi-disciplinary team
 Consisting of occupational therapy, speech and language therapy, psychology and psychiatry



Focused on reducing restrictive practice



Easy read and other accessible information available to all residents



Person-centred keyworker allocation – staff and resident interests are matched



Regular themed parties and quizzes



Excellent location - close to beaches, countryside and local towns



Residents meetings take place monthly



50% of the staff team have been at the service for 4 years or more



Person-centred meal planning, including regular sensory food tasting




"Thank you to all staff at Nightingale, I know my daughter was being well cared for during lockdown."
 Parent

"Communication is very good with my brother's keyworker."
 Family member

"I like my keyworker, she is kind."
 Resident

Our community links:

- > Local shops
- > New forest
- > Local beaches
- > Swimming & bowling
- > Pubs and restaurants
- > Great public transport links



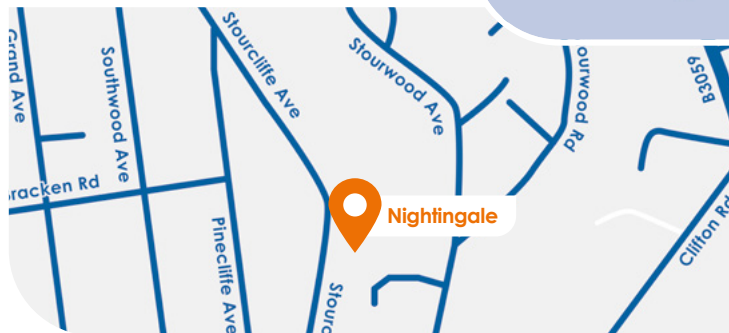
i For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

- Our referral process:**
- 1 Referral made to Cygnet referrals team via **0808 164 4450** / **chcl.referrals@nhs.net**
 - 2 Assessment arranged and undertaken via our management team
 - 3 Feedback provided on whether our service can meet the individual's needs
 - 4 Assessment pack formulated including care plans and funding information
 - 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Nightingale
 46 & 48 Stourcliffe Avenue,
 Bournemouth, Dorset BH6 3PX

Phone number
 01202 419537



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