

Specialist residential service for men with learning disabilities

Adele Cottages, Nottinghamshire

Good

Now accepting referrals



Adele Cottages are 2 one-bed houses providing residential support for men with learning disabilities, associated complex needs and who may have behaviours that challenge. We provide placements for adults who require a supportive home, with round the clock care. The aim of the service is to provide a pathway from Cygnet Sherwood Lodge and other hospitals back to community living.



Male



18+ years



2 beds
(2 x 1
bedroom
houses)

Our resident profile:

- > Male, aged 18+
- > Primary diagnosis of mild / borderline learning disability
- > May have autism spectrum disorder
- > May be informal, on a Community Treatment Order (CTO) or Deprivation of Liberty Safeguards (DoLS)



Our service at a glance

Adele Cottages are two spacious 1 bedroom houses down a quiet country lane in Rainworth, Nottinghamshire. The houses have plenty of communal spaces including large gardens, lounges and kitchens where individuals are supported to develop their daily living skills.

We provide support to our residents by providing them with the ability to enhance and maintain their daily living skills. In order to encourage each individual to maintain autonomy and independence as far as possible, individuals are not excluded from undertaking activities simply because there is an element of risk involved. Positive risk taking is considered an integral part of living.

Individuals are assessed and a plan of support is devised to support them, which includes relapse prevention. Residents are supported to attend and participate in the local community. The local community organisations in turn are also encouraged to visit the service.



★ ★ ★ ★ ★
 Rated 'Good' by the CQC

Accessible information
 available to residents

Support provided by an advanced nurse practitioner and an assistant psychologist at the service

Homely environment
 with 24-hour support

Supporting individuals to enhance their social skills

Supporting individuals to fulfill their potential

2 houses enabling individuals to develop skills before stepping down to independent living

Responsible Clinician involved in care, treatment and regular reviews

Occupational therapy and speech and language therapy are available as required



Our community links:

- > Sutton Centre Community College and West Nottinghamshire College
- > Local shops and supermarkets
- > Voluntary work
- > Dove Dance: a popular local disco
- > Stable management and horse riding (Bolsover)
- > Bike riding, walks and picnics at Sherwood Pines
- > Vocational links
- > Craft/woodwork sessions
- > Local church
- > Leisure Centre
- > Good public transport links

i For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Adele Cottages
 Rufford Colliery Lane, Rainworth, Nottinghamshire NG21 0HR

Phone number
 01623 499980