

Specialist PICU Service for Men

Nash Ward,
Cygnet Hospital Kewstoke,
Weston-super-Mare

Good

Accepting Referrals



Nash Ward is our male PICU service which accepts emergency and crisis admissions. Our aim is a short, rapid intervention to help people regain a sense of control and order in their lives, so they can move to a less restrictive care setting and return home.

Service users usually come to us in crisis, may be non-compliant with their medication or this could be their first presentation with mental health symptoms. All service users are detained under the Mental Health Act.

Service users on Nash have support from the full MDT with a range of interventions available including occupational therapy, psychology, social work, advocacy, IMHAH services and access to a GP. We excel in quickly stabilising some of the most acutely unwell service users.

Our multi-disciplinary team works across the whole hospital and makes use of a broad range of therapies, including CBT (Cognitive Behavioural Therapy), Schema Therapy, EMDR (Eye Movement Desensitization and Reprocessing) and DBT (Dialectical Behavior Therapy) that are tailored to individual needs.



Male



18+ years



12 beds

Our service user profile:

- > Men, aged 18+ years
- > Detained under the Mental Health Act
- > Experiencing difficulties that present a risk to the well-being of themselves or others that cannot be treated in an open environment
- > Diagnoses may include:
 - Acute mental illness
 - Bi-polar disorder
 - Acute depressive illness
 - Personality disorder
 - Psychosis
 - Dual diagnosis
 - Schizophrenia
- > May present with co-morbid presentations:
 - Self-harm
 - Complex needs
 - Substance misuse issues



We are able to take referrals 24 hours a day, 7 days a week. To make a referral, please call **0808 164 4450** or email chcl.referrals@nhs.net. We will respond within 1 hour of receipt of full clinical information.

1

Referral made to Cygnet referrals team via **0808 164 4450 / chcl.referrals@nhs.net**

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

Where are we?

Cygnet Hospital Kewstoke
Beach Road, Kewstoke,
Weston-super-Mare, South West BS22 9UZ

Phone number
01934 428989

