



## Press Release

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### For Immediate Release

#### **Mansfield Nurse Scoops Award For Bringing Joy To The Workplace**

A Nurse from Mansfield who supports men with learning disabilities and complex needs spoke of her pride after winning a Joy in Work award at a leading healthcare company's inaugural achievement awards.

This year, Cygnet Health Care launched the first ever Cygnet Staff Achievement Awards, open to all staff across Healthcare, Social Care and Support Services, to celebrate its caring, dedicated and hard-working colleagues. Cygnet Health Care supports individuals with mental health needs, learning disabilities and autism and employs nearly 11,000 staff across the UK.

Held at the Botanical Gardens in Birmingham, the awards recognised the individuals and teams who made outstanding contributions towards ensuring service users receive the highest standard of care. The *Care (Joy in Work)* award recognised a team or individual who demonstrates an outstanding commitment to making Cygnet a great place to work. Judges were looking for evidence of initiatives that bring 'joy in work', build community spirit and inject fun into the workplace.

Megan Bradley is a Nurse Associate at Cygnet Manor, in Shirebrook, Mansfield, a high dependency complex care service for men with learning disabilities, associated complex needs and who may have behaviours that challenge.

Megan was presented with her award by BBC Presenter and former Royal Marine, JJ Chalmers, who was guest of honour at the event.

David Wilmott, Director of Nursing, said: *"Megan goes above and beyond to improve staff health and wellbeing and creates a work environment that is tailored to staff needs. She champions Cygnet as a great place to work, and encourage others to do the same.*

*"Not only does Megan provide great care for service users but she's always quick to think of different activities to make them smile. Whether it's a Bank Holiday Carnival or St Patricks Day fun, Megan's ideas go down a treat and genuinely make working with her a joy.*

*"She always thinks about how other people are feeling and has created a wellbeing area to share tips, offer support and keep morale up. Megan makes the team smile every day and, most importantly, she makes our service users smile every day too."*

Upon receiving the award, Megan said: *"I am really shocked but it is an amazing feeling. I was so grateful to be nominated. I love what I do and to be recognised in this way feels incredible.*

*“Knowing that the work I am doing is making a difference to the service users and my colleagues is fantastic and gives me motivation to keep going and to keep thinking of new ideas to make sure Cygnet Manor remains an incredible place to work.”*

Colleagues were able to nominate one another and there was almost 1,000 nominations across 12 categories, all judged by different, independent panels recognising the range of skills across the Cygnet Health Care workforce – including support workers, clinicians, chefs, IT, nursing and all the other vital roles.

Dr Tony Romero, CEO of Cygnet Health Care, said: *“The most important part of any organisation is its’ people. They are the engine, the magic ingredient behind all of what makes Cygnet Health Care the special organisation that it is. The hard work, commitment and dedication that they pour into their roles every day means we are able to change lives for the better. These awards recognise the achievements and difference that our motivated, compassionate and value-driven staff make for our services users and colleagues.*

*“Through the nominations process we saw so many wonderful examples of how our staff go above and beyond and step up to work outside of their role, sacrificing their time and dedication for the benefit of the individuals in their care. Megan is the embodiment of this and I congratulate her for all she has achieved. Her passion helps to embed the positive culture at Cygnet Health Care and she constantly goes above and beyond, putting service users at the heart of all she does.”*

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**Notes to Editors:**

For more information, please contact Gemma Attew, External Communications Manager, on [gemmaattew@cygnethealth.co.uk](mailto:gemmaattew@cygnethealth.co.uk) or 07718 244811.

**About Cygnet Health Care**

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

[www.cygnethealth.co.uk](http://www.cygnethealth.co.uk)