



Press Release

3 October 2022

For Immediate Release

Birmingham Workers win Mental Health Team of the Year

A team of healthcare workers from Birmingham are celebrating after winning Mental Health Team of the Year at a national awards ceremony.

Organised by Cygnet Health Care, one of the UK's largest independent providers of specialised mental health services for the NHS and local authorities, the Cygnet Annual Psychiatrists Conference and National Awards 2022 recognise excellence in the healthcare industry. The Team of the Year award recognises a high-performing Cygnet Mental Health team which has demonstrated high quality and person-centred care.

Winning criteria included, working closely to gain external accreditation, encouraging mental wellbeing in the workplace or integrating physical and mental health care, and working collaboratively in the delivery of services at Cygnet Health Care, as well as developing supportive relationships with external agencies and carers.

Cygnet Elms, on Streetly Road, Birmingham, is a high dependency complex care service for 10 women with learning disabilities who may have behaviours that challenge. Staff were singled out for their hard work and efforts in ensuring Cygnet Elms was awarded Outstanding in the latest CQC inspection.

Presenting the award, Lord Patel of Bradford OBE, Senior Independent Board Director at Cygnet Health Care, said: "Positive risk taking and least restrictive practice is embedded in the culture of the unit at Elms. Staff at Cygnet Elms have the right skills, qualifications, training and experience to keep people safe and to provide high quality care and treatment.

"Staff work with patients to create excellent care plans that are written in the voice of the patient, as well as being holistic, recovery focused and person centred. Staff provide consistent, quality care and treatment and Cygnet Elms has a motivated, multi-disciplinary team."

Sarah Jenks, Hospital Manager, said: "Winning this award means a lot to the entire team here at Elms. Not only is it an amazing achievement for everybody but it's also fantastic to get recognition for all of the work that the team continue to do day to day.

"Elms is the way it is due to every member of the team putting their all into their role and providing service users with a place that they can feel is their home. The whole team are so grateful to be awarded 'Mental Health Team of the Year' and will carry that title with pride, whilst we take the time to appreciate everyone within the team and provide our service users with the best possible level of care possible."

Dr Tony Romero, CEO of Cygnet Health Care, said: ““These awards recognise the achievements and difference our motivated, compassionate and value-driven doctors and teams make for our services users every single day.”

“We have seen so many wonderful examples of our doctors and other clinicians, going above and beyond over the last year and stepping up to work beyond their role and sacrifice their time and dedication for the benefit of the individuals in their care.

“As CEO I am proud to count these exceptional individuals as colleagues who exemplify our values at Cygnet. The team at Cygnet Elms work diligently to ensure all residents can fulfil their potential. This accolade is testament to the hard work, commitment and dedication of all of the staff at Cygnet Elms.

“At Cygnet Health Care, we strive to provide the highest quality and standard of care and always put our service users at the heart of what we do. This is demonstrated impeccably at Cygnet Elms.”

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Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

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