



Press Release

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For Immediate Release

Northumberland Doctor wins Medical Leader of the Year

A Northumberland doctor has won Medical Leader of the Year at a national awards ceremony for his work supporting people struggling with mental illness.

Dr Gbolagade Akintomide, Consultant Psychiatrist at Cygnet Hexham, an inpatient hospital for women with mental health problems, was singled out during the Cygnet Annual Psychiatrists Conference and National Awards 2022 for his personal leadership and dedication to colleagues and patients.

Organised by Cygnet Health Care, one of the UK's largest independent providers of specialised mental health services for the NHS and local authorities, the Cygnet Medical Leader of the Year award celebrates a doctor who has demonstrated and contributed to medical leadership. They will have developed their personal leadership qualities, demonstrated collaborative working, supported services with management and development and encouraged colleagues to follow the Cygnet clinical strategy.

Presenting the award, Dr Helen Crimlisk, Royal College Psychological Lead for Medical Leadership, said: *"Dr Akintomide has shown an incredible level of hard work, dedication and leadership. He has invested significant time into teaching all disciplines around policies and care plans and he works closely with teams to help them improve during difficult times. He is a true leader in challenging circumstances, as well as when things are going well."*

"He demonstrates excellent skills in change management, with very impressive results. He shows exceptional dedication to constant improvements and always works to achieve the best outcomes. He is more than willing to put in the hard work and extra hours to achieve his aims. He effortlessly leads and is a fantastic consultant who always leads by example."

Upon receiving his award, Dr Akintomide, who has worked with Cygnet Health Care since 2018, said: *"I feel highly honoured that Cygnet and my colleagues have chosen me as the Medical leader of Year. This shows how fantastic an employer Cygnet is, in recognising the efforts of their staff."*

Dr Akintomide completed his higher specialist training in General Adult Psychiatry with subspecialisation in Substance Misuse and Rehabilitation Psychiatry with the London Deanery in 2015.

Dr Tony Romero, CEO of Cygnet Health Care, said: *"These awards recognise the achievements and difference our motivated, compassionate and value-driven doctors and teams make for our services users every single day."*

“We have seen so many wonderful examples of our doctors and other clinicians, going above and beyond over the last year and stepping up to work beyond their role and sacrifice their time and dedication for the benefit of the individuals in their care.

“As CEO I am proud to count these exceptional individuals as colleagues who exemplify our values at Cygnet.

“This accolade is testament to the hard work, commitment and dedication of Dr Akintomide. At Cygnet Health Care, we strive to provide the highest quality and standard of care and always put our service users at the heart of what we do. This is demonstrated impeccably by Dr Akintomide.”

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Notes to Editors:

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care’s pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care’s focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet’s facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk