

### **Press Release**

#### 19 October 2022

# **For Immediate Release**

## Colchester Leader nominated in Women Achieving Greatness in Social Care Awards

A top female leader at one of the UK's largest mental health care providers has been named a finalist in the Equality and Diversity category in the Women Achieving Greatness in Social Care Awards.

Beatrice Nyamande, who works for leading health and social care company Cygnet Health Care, is an Operations Director looking after services such as Gables, Gables a specialist residential service supporting adults with learning disabilities based on Ipswich Road, Colchester.

Over 85% of the social care workforce is female. Many of these hardworking, dedicated and talented women juggle the challenges of family life with their career. As a trained Registered Learning Disability Nurse, Beatrice has been working in the social care sector for over 22 years. In the past three years she has also been instrumental in setting up Cygnet's Multi-Cultural Network, giving a credible and unified voice for minority ethnic staff.

Reflecting on her career in nursing Beatrice said: "From as early as my nurse training days I was clear that the best quality of life outcomes are achieved by ensuring that the- teams I work with hold values that ensure a person's dignity is maintained at all times and they are treated with the highest levels of respect, the empathy and compassion."

The purpose of The Women Achieving Greatness in Social Care Awards is to highlight and celebrate the incredible achievements of female leaders in all roles and from all corners of the sector, and create a platform to support rising stars and future leaders.

Beatrice is Operations Director for the south region of Cygnet Health Care's social care services and is also Deputy Chairperson of Cygnet's Multicultural Network. In the latter role she has played an integral part in pushing and supporting the network's vision 'to enhance the experience of ethnic minority colleagues by creating an environment of openness, fairness; promoting excellence and delivering person-centred care; ensuring opportunities for all staff to be their best.'

On her role in the Network, Beatrice commented: "I am a very strong advocate for ensuring that people experience life to their best in the right environment and with the right staff. I also equally and strongly believe that all staff must have the best work experiences. As such I have never shied away from being a strong advocate for equality and diversity in the workplace."

Upon finding out that she had been named a finalist in the awards Beatrice said she was grateful for the nominations. She added: "Whatever the outcome of the awards, I feel extremely honoured to have been named a finalist and will continue to work progressively to keep on embedding equality and diversity in Social Care and the workplace as a whole."

The winners will be announced at a Gala Awards ceremony on 30<sup>th</sup> November 2022 in London.

Tony Romero, CEO of Cygnet Health Care, said he was proud of Beatrice for her nomination. He added: "Every day I witness the difference our motivated, compassionate and value-driven teams make for our services users. I see so many wonderful examples of how our staff go above and beyond for the benefit of the individuals in our care.

"Beatrice continuously exemplifies our core values at Cygnet and leads by example, not just to the women in our workforce but to all of our staff. Everyone at Cygnet wishes her the best of luck with her nomination. I thank her for the dedication and commitment she demonstrates every day to her work, to those we support and the energy she pours into embedding an equal and diverse culture at Cygnet."

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#### **Notes to Editors:**

For more information, please contact Gemma Attew, External Communications Manager, on gemmaattew@cygnethealth.co.uk or 07718 244811.

## **About Cygnet Health Care**

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care's pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care's focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet's facilities are rated as good or outstanding, which is above the national average.

www.cygnethealth.co.uk