

Specialist Acute Service for Women

Sanctuary Ward,
Cygnet Hospital Harrogate,
North Yorkshire

Good



Accepting
referrals

Sanctuary Ward is Cygnet Hospital Harrogate's emergency acute inpatient service for women. The ward can accept service users on an informal basis and also those detained under the Mental Health Act.

The service has a full MDT including three consultant psychiatrists, ward doctors, a therapy team including group and activities coordinators and nursing therapists. There are a range of therapies available and all service users can access a minimum of 25 hours' therapy a week. There is a comprehensive programme of both group and individual therapies available in:

- > Alcohol abuse
- > Coping mechanisms
- > Anger management
- > Stress reducing techniques

Where an individual is not able to leave the ward to attend therapy sessions or a structured group, activity coordinators are based on the ward and can support individuals to engage in ward-based activities.

Admissions are usually short-term but we can support service users longer-term if they require extra support while an alternative service is found. Our aim is to help individuals learn how to manage their mental health before returning home.



Female



18+ years



17 beds

Our service user profile:

- > Women, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
 - Complex needs



We are able to take referrals 24 hours a day, 7 days a week. To make a referral, please call 0808 164 4450 or email chcl.referrals@nhs.net. We will respond within 1 hour of receipt of full clinical information.

1

Referral made to Cygnet referrals team via 0808 164 4450 / chcl.referrals@nhs.net

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

Where are we?

Cygnet Hospital Harrogate
23 Ripon Road, Harrogate,
North Yorkshire HG1 2JL

Phone number
01423 500599



CYG-991 | Date of Preparation: 20/12/22

Please visit cygnethealth.co.uk for more info | Follow us on social media: [Twitter](#) [Facebook](#) [LinkedIn](#)

Integrity

Trust

Empower

Respect

Care