

CAMHS Acute Service

**Pegasus Ward,
Cygnet Hospital Sheffield,
Yorkshire & Humber**

Accepting
Referrals



Pegasus Ward is a 13 bed general adolescent acute service, providing support for young people, both male and female, and is focused on helping them return home. The service is dedicated to helping young people maintain their school placements, if possible, and admissions can be either formal or informal.

There is a diverse educational programme in place, so that young people can continue their education at the same time as receiving treatment. Education is provided by our Phoenix School which has a 'Good' rating with Ofsted.

We offer a rapid response system, and aim to respond to referral requests within an hour of receiving appropriate clinical information. Referrals are accepted from all over the UK, many of which are emergency admissions.

Pegasus Ward has full multi-disciplinary team (MDT) input including a specialist doctor, psychologist, social worker, occupational therapist and educational support from full-time teachers and educational support staff.

In December 2022 Pegasus Ward became CAMHeleon accredited. CAMHeleon celebrates and promotes best practice and the things that really make a positive difference to young inpatients, identifying small changes that have a big impact.



Mixed



12-18 12-18 years



13 beds

Our service user profile:

- > Males and females aged 12-18 years
- > Detained under the Mental Health Act or informal
- > Diagnosis of:
 - Psychosis
 - Self-harm and/or suicidal ideation
 - Depression or anxiety
 - Emerging personality disorder
 - Substance misuse - providing there is a primary diagnosis of a mental health problem
 - Emotional, social and behavioural difficulties
 - Borderline/mild learning disability as a secondary diagnosis
 - Autism spectrum disorders, with a mental health primary diagnosis
- > May have a forensic history



Our facilities:

- > En-suite bedrooms
- > Communal lounges
- > Multi faith room
- > Gym
- > OT room

"Support staff and nurses were angels shining the light and providing excellent care for my son. They were very approachable, showing consideration and understanding of parents' views to help put our minds at ease. Being a person who had lost faith in mental health services - Cygnet restored this as I have my son back with a new found hope." **Parent**





Individuals have access to a variety of activities including

- > Art and crafts
- > Sports
- > Charity events such as coffee mornings and summer fairs
- > Day trips
- > Individual and group community activities
- > Board games
- > Playstation, Wii and Xbox

Full Multi-disciplinary Team (MDT) input including

- > Consultant Psychiatrist
- > Speciality Doctor
- > Clinical Psychologist
- > Family Therapist
- > Assistant Psychologists
- > Art Therapist
- > Occupational Therapist
- > Occupational Therapy Assistants
- > Speech and Language Therapist
- > Social Workers
- > Clinical Team Leaders
- > Nurses
- > Support Workers

Young people are able to continue their education through access to our on-site Ofsted-registered school, Phoenix School



Spacious communal and outdoor areas



Bespoke packages of care for young people who may struggle within a busy ward environment



Where are we?

Cygnet Hospital Sheffield
 83 East Bank Road, Sheffield,
 South Yorkshire, Yorkshire & Humber
 S2 3PX

Phone number
 0114 279 3350



We are able to take referrals 24 hours a day, 7 days a week. To make a referral, please call **0808 164 4450** or email **chcl.referrals@nhs.net**. We will respond within 1 hour of receipt of full clinical information.

1

Referral made to Cygnet referrals team via **0808 164 4450 / chcl.referrals@nhs.net**

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding