

Low Secure Mental Health Service for Men

Litchurch Ward,
Cygnet Hospital Derby,
Derbyshire

Accepting Referrals



Litchurch Ward is our male low secure service and can support up to 15 men who have mental health or dual/multiple diagnosis needs.

The ward is suitable for individuals who are moving on from medium security placements and who have engaged in dangerous and/or chronic challenging behaviour and who may pose a continuing and ongoing risk to others or themselves. We can also support individuals who represent a persistent risk of absconding to avoid treatment, those who find it difficult to engage and those who have a dual or multiple diagnosis, which could include substance misuse and/or personality disorder.

Together with our Wyvern Unit and Wyvern Court, Litchurch Ward forms part of our integrated male care pathway at Cygnet Hospital Derby, enabling men who are admitted into a low secure setting to progress towards more community focused rehabilitation.

Psychological Therapy

Our team of forensic, clinical and assistant psychologists offer a variety of therapeutic interventions and personalised packages of therapy to the service users.

The team provide a range of therapies delivered in group and individual settings, including Dialectical Behaviour Therapy (DBT), Schema Therapy, Psychodynamic Psychotherapy, Cognitive Behavioural Therapy (CBT), trauma work, substance misuse and offending behaviour interventions.



Male



18+ years



15 beds



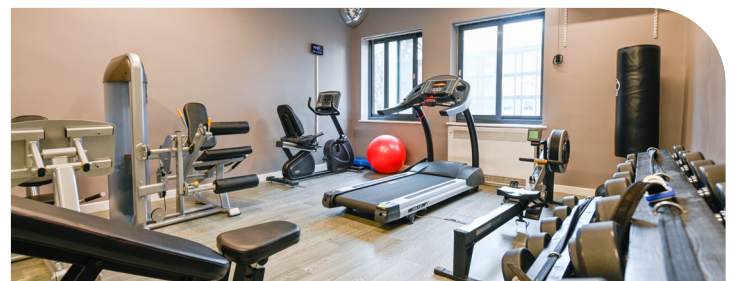
Our service user profile:

- > Men, aged 18+ years
- > Primary diagnosis of mental illness
- > Detained under the Mental Health Act, including Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > May have a history of trauma

Prison Transfer Programme

We also offer a specialised three month prison transfer programme, for stabilisation and assessment of prisoners whose mental health needs cannot be met in the prison environment.

- > Referrals and assessment: We provide a rapid response to referrals, assessment within the prison environment, quick decision on suitability for transfer within five working days and liaison with MOJ over transfer warrants
- > Comprehensive inpatient assessment: Twelve week assessment programme including full diagnostic and risk formulations, IQ and neurological assessments, stabilisation, treatment plan



Our facilities:

- > En-suite bedrooms
- > External secure courtyard
- > Fully equipped gym
- > Art room at the Recovery College
- > IT suite
- > Therapy kitchen
- > Sensory room
- > Multi-faith room
- > Variety of activity & games rooms
- > Garden with outdoor seating
- > Lounge & dining rooms

Service user survey results

Each service user at Litchurch Ward is given the opportunity to complete an individual satisfaction survey.

100% of individuals are aware of how to make a complaint





100% of service users feel the staff are caring and supportive



100% of individuals are involved as much as they want to be in decisions about their care and treatment





100% of individuals feel the care and treatment they are receiving is helping them progress towards discharge



"The care team here are faultless... They are all very supportive when needed and dedicate their time to everyone... The environment is homely and comfortable." Service user, Litchurch Ward

*Results taken 2022 service user surveys



i For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Hospital Derby
100 City Gate, London Road, Derby,
Derbyshire, East Midlands DE24 8WZ
Phone number
01332 365 434



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