

Specialist residential service for adults with learning disabilities and complex needs

Kirkside Lodge, Leeds

Good



Now taking referrals

Located in a historical area in Leeds, Kirkside Lodge is a specialist residential service providing outcome focused care for adults with learning disabilities and associated complex needs who may have behaviours that challenge.

Person-centred planning is at the heart of everything we do and we are able to meet the changing needs of our residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported.



Mixed gender



18+ years



8 beds in 4 living units

Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



Our service at a glance

There are 4 living areas within Kirkside Lodge, a 3 bed unit, two 2 bed units and a 1 bed unit. Each unit has its own living space with lounge, dining room, kitchen and en-suite facilities enabling individuals to live as independently as they are able to.

Externally there is a large garden which is shared with Kirkside House (also a residential service located in the same grounds). There is plenty of space in the garden for individuals to participate in the horticultural project where they grow their own vegetables, create hanging baskets, enjoy the sensory garden or even just sit and enjoy the outside space.

In addition at Kirkside, we also host the bakery project, these two projects and a textile project are ran in conjunction with the other local Cygnets residential services. These projects introduce vocational and learning activities designed to give residents the opportunity to learn valuable skills and develop confidence in a safe and familiar environment.

We ensure we involve family or advocates in an individual's care. We have high staffing levels at Kirkside Lodge, this ensures that we are able to meet the changing needs of the residents as they progress through their care pathway.

The service is located in a historical residential area of Leeds, in walking distance to an abundance of community facilities including shopping centres, cafes and leisure centres. It is also only a 1 minute walk from the 800 year old Kirkstall Abbey, where the residents can visit to enjoy the surroundings, learn about the historical ruins or visit the on-site café. The residents are encouraged to be involved in the local community as much or as little as they wish to be.



★ ★ ★ ★ ★
Rated **'Good'**
by the CQC

Bakery project - At our on-site bakery project, individuals are taught how to make cakes and other sweet treats, whilst also learning about the safety aspect of a kitchen



Community meetings residents give thoughts and feedback on the service



Horticultural projects - hosted in the large garden where individuals learn how to grow produce and taking care of chickens



Education centre - we provide AQA accredited courses for individuals. The course depends on each individual's skills. Courses include IT, arts and craft, budgeting, music and many more



Supporting individuals to enhance their social skills



Monthly themed activity days



Textiles project - giving individuals the opportunity to learn to sew and create new things each week



100% of residents are happy that staff help them to do things that are important to them



Good relationship with local CLDT



100% of residents like the food and drink at Kirkside Lodge



100% of residents feel that staff give them enough information so they can make their own decisions



100% of residents stated that the staff are polite and treat them with respect



Focused on reducing restrictive practice



Our facilities:

- > En-suite bedrooms
- > Lounges
- > Dining room
- > Multiple kitchens
- > 2 activity rooms
- > Large garden

“
We can relax knowing she is happy and so well cared for. We just wanted to say thank you - **Family member**
”



Our community links:

- > Cinemas
- > Local parks
- > Community groups
- > Colleges
- > Shops, cafes and restaurants
- > Sports clubs
- > Great public transport links
- > 20 minutes to Leeds City Centre
- > Excellent transport links and local amenities

Where are we?

Kirkside Lodge
1 Spen Lane, Kirkstall,
Leeds, West Yorkshire LS5 3EJ
Phone number
0113 2786834



CYG-886 | Date of Preparation: 08/12/22

i For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Please visit cygnethealth.co.uk for more info | Follow us on social media: [Twitter](#) [Facebook](#) [LinkedIn](#)

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Trust

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