

High dependency complex care service for adults with learning disabilities and complex needs and behaviours

Cygnet Wallace Hospital, Dundee

Now taking referrals



Situated in a residential area of Dundee, Cygnet Wallace Hospital is a 10 bed specialist high dependency complex care service providing assessment and treatment for individuals with learning disabilities, with or without autistic spectrum disorder, as well as complex needs and behaviours.



Mixed Gender



18+ years



10 beds

The team can also support those who have additional mental or physical health needs, as well as those who have been detained under the Mental Health (Care and Treatment) (Scotland) Act. We accept emergency referrals and the team are experienced in managing them quickly and efficiently to ensure transition for service users is as smooth as possible.

Our resident profile:

- > Primary diagnosis of learning disability and mental health complex needs
- > May have a secondary diagnosis of mild autism
- > May present with co-morbid presentations:
 - Challenging behaviour
 - Schizophrenia, depression, bi-polar disorder
 - Dual diagnosis
 - Complex needs and/or multiple diagnoses
- > May be detained under the Mental Health Act (Care and Treatment) (Scotland) Act 2003
- > May have a history of repeated hospital admissions
- > May have a forensic history



Our service at a glance

The team at Cygnet Wallace Hospital work towards discharge from the point of admission, ensuring they work with service users to create their own pathway to the community and more independent living. The integrated care pathways ensure each individual is supported to reach their full potential.

Cygnet Wallace Hospital is a detached purpose-built building, which enables service users to receive bespoke, person-centred support to move through a full recovery pathway. The service is split into multiple areas supporting individuals with different levels of need. This creates a care pathway within Cygnet Wallace Hospital from more acute intensive support towards residential-based support, and finally transitional studio flats to prepare individuals for moving on. There are a number of good sized living areas, including lounges, dining areas and life skills kitchens, where individuals can develop their skills, as well as a garden to enjoy outdoor activities.

Cygnet Wallace Hospital is located in the city of Dundee, which has an extensive array of community amenities to access, including leisure centres, social clubs, shops, colleges, and work placement settings. Service users can also enjoy walks and visits to the nearby botanical gardens and Discovery Quay.

The service has a dedicated activity coordinator who supports service users to have individual activity plans, which are created based on each person's likes and hobbies. Their goal is to enable each individual to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.



Breakfast club
ran by service user

Homely environment
with 24/7 support

Personalised swimming lessons
for service users

Supported on **person-centred day trips and outings**

Person-centred menu planning

On-site multi-disciplinary team
consisting of nurses, occupational therapy, speech and language therapy, psychologists, psychiatrists

Supporting individuals
to access the community

Animal therapy

Service users are supported to **grow plants in the garden**



Our community links:

- > Leisure centres
- > Social clubs
- > Colleges
- > Botanical gardens
- > Discovery Quay

Our facilities:

- > En-suite bedrooms
- > Choice of living and dining areas
- > Life skills kitchens
- > Garden



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via [0808 164 4450/chcl.referrals@nhs.net](mailto:0808_164_4450@chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Wallace Hospital
19 Americanmuir Road,
Dundee DD3 9AG

Phone number
01382 819 910



CYG-1194 | Date of Preparation: 21/10/22

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