# **CAMHS PICU** Service

**Unicorn Ward**, Cygnet Hospital Sheffield, Yorkshire & Humber

Unicorn Ward at Cygnet Hospital Sheffield is our CAMHS Tier 4 PICU service and provides support for young people, both male and female who have complex needs and require high intensity nursing care. The focus is on stabilisation with a view to enabling transition to a general acute ward or back into the care of community services. The service is able to provide robust care and support for young people displaying significant levels of challenging behaviour.

Unicorn Ward has full Multi-disciplinary team (MDT) input, including a specialist doctor, psychologist, social worker, occupational therapist and educational support from full-time teachers and educational support staff. The service works with young people to prepare them for discharge back out of service and into their home area, whilst still in a robust and supportive PICU environment.

Unicorn Ward is the first CAMHS PICU service in the country to become CAMHeleon accredited. CAMHeleon celebrates and promotes best practice and the things that really make a positive difference to young inpatients, identifying small changes that have a big impact.

There is a diverse educational programme in place, so that young people can continue their education at the same time as receiving treatment. Education is provided by our Phoenix School which has a 'Good' rating with Ofsted.













### Our service user profile:

- > Males and females aged 12-18 years
- > Detained under the Mental Health Act
- > Diagnosis of:
  - Psychosis
  - Self-harm and/or suicidal ideation
  - Depression or anxiety
  - **Emerging personality** disorder
  - Substance misuse providing there is a primary diagnosis of a mental health problem
- May have a forensic history

- Emotional, social and behavioural difficulties
- Borderline/mild learning disability as a secondary diagnosis
- Autism spectrum disorders, with a mental health primary diagnosis





#### **Our facilities:**

- > En-suite bedrooms
- > Spacious communal areas
- Outdoor sports areas
- Training kitchen to support skills development
- On-site Ofsted registered school
- > Gym





"Wow what can I say about Unicorn Ward. My daughter has formed amazing relationships with the staff and felt listened to whilst reliving her darkest moments. As staff got to know my daughter, they managed to know what keeps her grounded and ways to support her – staff made time to actually know my child and recognise her needs emotionally and mentally. Unicorn Ward – you are all amazing." Parent











For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

#### Our referral process:

- Referral made to Cygnet referrals team via 0808 164 4450 /chcl.referrals@nhs.net
- Assessment arranged and undertaken via our management team
- Feedback provided on whether our service can meet the individual's needs
- Assessment pack formulated including care plans and funding information
- Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?





