## **Acute Service** for Men

White House. Cygnet Hospital Bury, Manchester



White House at Cygnet Hospital Bury is our 18 bed male acute mental health service. The service provides a safe and stabilising environment for men who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of our service is about assessing and treating service users in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support service users to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team works closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay. We use specialist outcome measures to track individuals progress throughout their time with us

## **Our Model of Care**









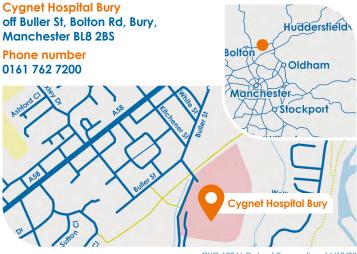
## Our service user profile:

- Men, aged 18+ years
- May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
  - Acute mental illness
- Bi-polar disorder
- Acute depressive illness
- Personality disorder
- **Psychosis**
- **Dual diagnosis**
- Schizophrenia
- > May present with co-morbid presentations:
  - Self-harm
- Complex needs
- Substance misuse issues





## Where are we?



CYG-1024 | Date of Preparation: 16/12/22

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