



Press Release

14 July 2022

For Immediate Release

Cygnet Health Care initiative nominated for National Service User Award

A service user at Cygnet Elms has been announced as a finalist in the National Service User Awards 2022 for her work to educate others about autism and mental health.

Florence Grant, 21, a service user at the Cygnet Health Care-run hospital on Streetly Road, Birmingham, joins four other nominees from Cygnet services at the National Service User Awards, which are designed to celebrate service user led initiatives in mental health, learning disability and autism services across the country.

Individuals involved in the shortlisted projects are invited to a black tie gala awards ceremony on 14 September, where the winners will be announced.

Flo is a finalist in the '*Outstanding Service User Leadership*' category after she organised and ran an autism informed event earlier this year for both staff and service users with the aim of expanding their knowledge, understanding and acceptance of working with individuals with autism and how changes can be made to meet their needs effectively.

Overall the day raised a total of £2,614.84, and Flo got a letter of recognition from the Chief Executive of the National Autistic Society.

Sarah Jenks, Hospital Manager at Cygnet Elms, said: "*All of us at Cygnet Health Care are so proud of Flo and all that she has achieved. She has had nominations for this work previously such as 'Mental Health star of the year' which was thoroughly deserved.*

"Recognition like this really boosts her belief that continuously delivering these initiatives this will help others in her position to feel accepted and understood. Flo really is making a huge difference to so many people and we wish her the best of luck at the awards."

Cygnet Elms is a high dependency complex care service for women with learning disabilities. It supports individuals who are stepping down from a more secure setting as part of their care pathway. The team provides personalised care to help each person develop the necessary skills to leave the rehabilitation service and move towards living in the community.

It is rated Outstanding by the regulator, the Care Quality Commission and recently celebrated 10 years of service.

The awards are also celebrating their 10th year and winners will be announced on Wednesday 14 September at Colwick Hall Hotel in Nottingham.

Ends

Notes to Editors

For interviews, please contact Gemma Attew, External Communications Manager, at gemmaattew@cygnethealth.co.uk

Further information on Cygnet Elms can be found here:

<https://www.cygnethealth.co.uk/locations/cygnet-elms/>

About Cygnet Health Care

Cygnet Health Care has been providing a national network of high-quality, specialised mental health services for the NHS and local authorities for the past 30 years.

Cygnet Health Care's pioneering services support people with complex and acute mental health needs across the UK.

As one of the best quality providers in mental health services in the country, Cygnet Health Care's focus is always on the best outcomes for those who use or commission its services. 85% of Cygnet's facilities are rated as good or outstanding, which is above the national average. www.cygnethealth.co.uk