

Low Secure Mental Health Service for Men

Shelley Ward,
Cygnet Hospital Bierley,
Bradford

Accepting Referrals



Shelley Ward is our 16 bed male low secure service, providing recovery based treatment for men whose mental health needs result in continuing and ongoing disturbed or challenging behaviour and who may have a dual diagnosis.

Many of our service users have a significant forensic history and we work closely with external agencies including the Ministry of Justice and MAPPA. Individual sex offending treatment is offered on Shelley Ward and RSVP (the Risk of Sexual Violence Protocol) is used on the ward to evaluate risk.

The aim of our secure services is to support individuals to transition towards independent living, or the least restrictive environment. The teams on our secure wards monitor, manage and reduce risk, whilst balancing therapy and security and preparing service users to lead full and independent lives. Care planning is in alignment with My Shared Pathway and is designed to promote recovery.

Shelley Ward benefits from our regional network of step-down mental health rehabilitation and specialist services, enabling local care pathways for service users to remain close to home and in the least restrictive environment.

The hospital is conveniently located just off the M62, in a quiet suburb of Bradford, with strong links to the local community.



Male



18+ 18+ years



16 beds



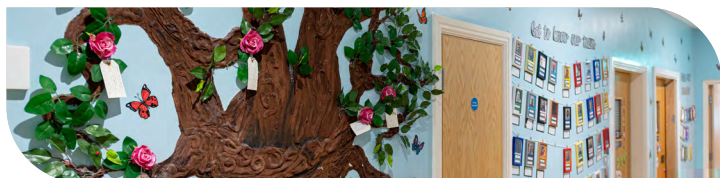
Our service user profile:

- > Men, aged 18+ years
- > Primary diagnosis of mental illness
- > Detained under the Mental Health Act, including Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > May have a history of trauma

Therapy Programme

The therapy programme aims to:

- > Provide psychological assessment and treatment including individual and group therapies
- > Provide rehabilitation tailored to individual needs
- > Identify recovery goals in collaboration with the service user
- > Help service users regain independence by maximising skills potential
- > Work with local services to aid reintegration into the community
- > Balance security and therapy
- > Access to a standardised treatment programme for those with a history of substance misuse is available via individual and group therapy



Our facilities:

- > En-suite bedrooms
- > Secure courtyards, including outdoor therapy space and gym equipment
- > Polytunnel
- > ADL kitchen
- > Therapy and activity spaces including group room, art room and IT classroom
- > Sensory room
- > Gym

Service user survey results

Each service user at Shelley Ward is given the opportunity to complete an individual satisfaction survey.

100% 

of service users are aware of how to make a complaint

100% of service users feel the staff are caring and supportive 

100% of individuals feel there is always enough staff to support them 

100% of service users have always felt safe during their time in hospital 

100% of service users feel they are treated as individuals when it comes to rules and restrictions 

*Results taken from 2022 service user surveys.



 For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1** Referral made to Cygnet referrals team via [0808 164 4450](tel:08081644450)/chcl.referrals@nhs.net
- 2** Assessment arranged and undertaken via our management team
- 3** Feedback provided on whether our service can meet the individual's needs
- 4** Assessment pack formulated including care plans and funding information
- 5** Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Hospital Bierley
Bierley Lane, Bradford, West Yorkshire,
Yorkshire and Humber BD4 6AD

Phone number
01274 686767



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