

Specialist residential service with nursing for men with learning disabilities and complex needs

Old Leigh House, Essex

Good

Now taking referrals

Old Leigh House supports men living with a learning disability and complex needs. The team can also support those who have mental and physical health needs, as well as behaviours that may challenge and a history of offending.

Old Leigh House is a large semi-detached house, overlooking a park. The service has a choice of lounges and communal areas for residents to choose from and a small garden at the back of the house. The house has been specially adapted and has an accessibility lift for those individuals who come to us with mobility needs.



Male



6 beds



18+ years



Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability
- > May present with behaviours that challenge
- > May have a forensic history
- > May have autism
- > May have mental or physical health needs

Our service at a glance

Residents can enjoy a wide range of activities at the seaside towns nearby, with many coastal walks to enjoy, as well as some lovely beaches. They can also visit the shops or take part in local activities, such as bowling, going to the theatre, visiting the zoo, go karting or going to the cinema. The service also benefits from being within easy access to two main train lines into London.

Old Leigh House has a dedicated occupational therapist and activity coordinator who support residents to have individual activity plans, created based on each person's likes and hobbies.



Their goal is to enable residents to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.

Individuals come to Old Leigh House for different reasons; they may require more support than can be provided in a supported living setting or they may be moving along their care pathway from a hospital placement. Whatever the reason, the team at Old Leigh House can offer specialist input based on individual need to deliver flexible and effective support.

★ ★ ★ ★ ★
 Rated 'Good' with the CQC



Easy read and other **accessible** information available to **all residents**





Achieved the **Dignity in Care Award**

Supporting regular home visits to celebrate family occasions



Therapeutic earnings scheme available within the service. Residents can apply for paid work within the service including cleaning the unit vehicle and cleaning windows



24/7 nursing team



In-house Multi-Disciplinary Team consisting of Nurses, Occupational Therapy, Speech and Language Therapy



Person-centred meal planning, including shopping and cooking



Links with local community for education, work placements and activities



10 min walk to local beach



Supporting individuals to build friendship groups in the local community



Weekly resident house meetings attended by the advocate




"I feel safe, I get on with everyone."
 Resident

"The staff are kind, I want to stay living here."
 Resident

"I feel the staff caring for my son are very competent and they go above and beyond in order to do their job in the best way."
 Family member

Our community links:

- > Excellent transport links to London
- > Colleges
- > Bowling
- > Shops
- > Theatre
- > Coastal walks and beaches

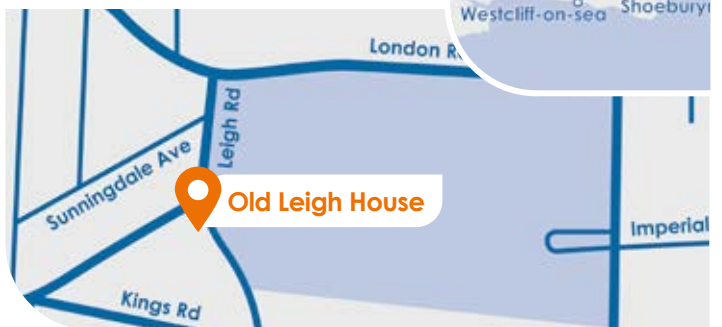


i For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

- Our referral process:**
- 1 Referral made to Cygnet referrals team via **0808 164 4450** / **chcl.referrals@nhs.net**
 - 2 Assessment arranged and undertaken via our management team
 - 3 Feedback provided on whether our service can meet the individual's needs
 - 4 Assessment pack formulated including care plans and funding information
 - 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Old Leigh House
 3 Old Leigh Road, Leigh-on-Sea, Essex SS9 1LB
 Phone number
 01702 711 111



CYG-629 | Date of Preparation: 07/10/22