

Acute Service for Women

Bramley Ward, Cygnet Appletree, County Durham

Accepting Referrals



Bramley Ward at Cygnet Appletree is our 15 bed acute mental health service for women. The service provides a safe and stabilising environment for individuals who are experiencing an acute episode of mental illness and require an emergency admission.

Cygnet Appletree also provides a 10 bed PICU service, Pippin Ward, for women who require intensive short-term care. Bramley Ward will be able to support individuals from Pippin Ward to move through their recovery journey, if required.

The ethos of this service is about assessing and treating service users in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we will support service users to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team will work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.



Female



18+ years



15 beds

Our service user profile:

- > Women, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
 - Complex needs



We are able to take referrals 24 hours a day, 7 days a week. To make a referral, please call **0808 164 4450** or email chcl.referrals@nhs.net. We will respond within 1 hour of receipt of full clinical information.

1

Referral made to Cygnet referrals team via **0808 164 4450 / chcl.referrals@nhs.net**

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

Where are we?

Cygnet Appletree
Frederick Street, Meadowfield,
County Durham, North East DH7 8NT

Phone number
0191 378 2747

