

# Specialist high dependency inpatient rehabilitation service for women

**Cygnets Raglan House, West Midlands**

**Beds available  
Now taking  
referrals**



Cygnets Raglan House is a 25 bed high dependency inpatient rehabilitation hospital for women. The service is designed to provide an environment that promotes mental health recovery by focusing on space, personal privacy and dignity. Women admitted to the service often come from multiple placement breakdowns, failed treatment programmes or are stepping down from secure settings.

We are dedicated to understand, stabilise and break the traumatic cycles of relapse that can impact individual's lives. Our service has been designed with wellness in mind, providing a safe and comfortable environment that promotes efficient rehabilitation and recovery.



**Female**



**18+ years**



**25 beds**

## Our service user profile:

- > Women aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
  - Complex comorbidities
  - Substance, drug and alcohol abuse
  - Treatment resistance
  - Behaviours that challenge
- > Aiming for a return to the community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, personality disorder or neurodevelopmental disorders including autistic spectrum disorder, ADHD and dyspraxia
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

## Our service at a glance

Cygnets Raglan House is within walking distance to Smethwick Town Centre which is well placed to provide meaningful rehabilitation. It has libraries, community colleges, shops, a 24 hour Gym, 24 hour supermarkets and various places of worship. Birmingham City centre is approximately 15 minutes' drive from the service.

Our psychology and occupational therapy led interventions effectively tackle the challenges of mental health and alongside our clinical interventions, we help women enhance their personal skills to rebuild their lives. Our care embraces a balanced approach to risk management and therapeutic optimism. Service users have access to a range of therapies and opportunities and care plans are individualised.

The local community is an essential step along the pathway to independence, for both leisure pursuits and for social training such as shopping and using public transport. External activities are tailored to individual needs and wishes and our membership in a local neighbourhood forum provides links to local businesses and voluntary organisations.



## Our multi-disciplinary team:

- > Hospital Manager
- > Head of Care
- > Responsible Clinician
- > Specialty Doctor
- > Clinical Psychologist
- > Trainee Forensic Psychologist
- > Assistant Psychologist
- > Occupational Therapists x 2



### Our facilities:

- > En-suite bedrooms (6 of which are on the ground floor for individuals with physical health needs)
- > Dining room
- > Living room
- > Enclosed garden
- > Beauty salon
- > Gym
- > IT café
- > Therapy kitchen
- > Variety of activity areas



**i** For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

### Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / **chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

### Where are we?

**Cygnet Raglan House**  
Raglan Road, Smethwick,  
West Midlands B66 3ND

**Phone number**  
**0121 555 0560**



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