

# Cygnets Annual Psychiatrists Conference and National Awards Ceremony 2022



**Date:** 15<sup>th</sup> September 2022 **Time:** 9:30am - 4:30pm **Venue:** Virtual

## Keynote Speakers



### Dr Gareth Jarvis

**Medical Director, Central & North West London NHS Foundation Trust (Jameson Division)**

Dr Gareth Jarvis is a Consultant Psychiatrist and the Medical Director of Jameson Division at Central and North West London NHS Foundation Trust (leading the adult mental health services across Westminster, Kensington & Chelsea, Harrow and Brent). He is the Co-Chair of the North West London ICS Mental Health, Learning Disabilities and Autism Programme Board. He has Masters degrees in Psychiatric Research (UCL), Teaching Learning for Health Professionals (Bristol), and a post-Masters Award in Executive Healthcare Leadership (NHS Leadership Academy).

Gareth trained in the Open Dialogue approach six years ago when working as the Consultant to the Haringey Crisis Resolution Home Treatment Team. He helped set up and deliver Haringey as a trial site to the ODDESSi research trial and has since moved in to leadership positions with a focus on developing an understanding of how to create system change informed by the Open Dialogue approach.



### Raf Hamaizia

**Expert by Experience Lead, Cygnets Health Care**

Raf's role as an Expert by Experience sees him using his perspective as a former service user in a variety of organisations within the public and Independent sector. This has included the development of policy and guidance with NICE (National Institute of Health and Care Excellence), Royal College of Psychiatrists and the NHS.

He is currently the Expert by Experience Lead with Cygnets Healthcare leading on the organisations engagement and involvement initiatives. Prior to this Raf was an Expert by Experience with the Care Quality Commission where he took part in over 150 CQC inspections. His experience of working on both a strategic and local level within Cygnets Healthcare has been recognised as 'an area of outstanding practice' by the Care Quality Commission and a number of other organisations.

Raf was one of 12 chairs on the Independent Review of the Mental Health Act commissioned by the Department of Health and Social Care.

He has completed an MSc in Mental Health Recovery and Social Inclusion at the University of Hertfordshire.



### Dr Russell Razzaque

**Consultant Psychiatrist, Visiting Professor & Director of Research, North East London NHS Foundation Trust**

Prof Razzaque has worked as Consultant Psychiatrist across a range of acute mental health services including Home Treatment Teams, Crisis, In-patient, PICU and community recovery teams. Recently he has served on a number of bodies at the Royal College of Psychiatrists including the General Adult Faculty Executive, The Academic Faculty Executive and the London Region Executive.

He currently serves on College Council as a nationally elected representative and his research and area of expertise centres around models of care in acute mental health services. The talk will centre around the importance of the therapeutic relationship in psychiatric care, the evidence for its benefits - its impact on long term outcomes - and the ways in which we can develop our services to place this aspect of our work back into the centre of care again. Russell's experience at the frontline as well as research and national policy level will then inform an interactive discussion with participants after the initial presentation.