

Community rehabilitation service for men with mental health needs

12 Woodcross Street,
Wolverhampton

Good

Now taking
referrals

12 Woodcross Street is a two bed community rehabilitation service for men who have been able to progress through the hospital pathway at rehabilitation and recovery hospitals. We can also accept referrals directly from the community.

We offer a safe, comfortable and homely setting where men can look forward to independent living with advantage of continuing to access the same multi-disciplinary team (MDT) at Cygnet Sedgley House and Lodge.



Male



18+ years



2 beds

Our resident profile:

- > May be on a Community Treatment Order (CTO), conditional discharge, or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that challenge
 - History of vulnerability
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have a diagnosis of personality disorder
- > May have secondary diagnoses of mild learning disability or autism spectrum disorder



Our service at a glance

The service has two bedrooms with shared access to a bathroom, kitchen, living area and courtyard. It is well placed for individuals to access supermarkets, gyms, banks, restaurants, libraries and parks with good transport links to Wolverhampton and Birmingham. Individuals placed from further afield are supported with travel training, to enable them to visit their home area and build relationships with the community teams that they will utilise on discharge.

Each individual's progress is reviewed on a monthly basis by a full multi-disciplinary team at an 'outpatients' clinic' at Cygnet Sedgley House and Lodge. A weekly 1:1 session with allocated key-workers is on offer too, as well as meetings with a registered mental health nurse (RMN) and Registered General Nurse (RGN) to discuss medications and any other health concerns. For those who wish to, there is the option to continue regular psychology sessions, and attend day trips facilitated by the Occupational Therapy (OT) team.

Residents are given a weekly shopping budget to purchase fresh food. They are encouraged to cook independently, however, assistance is available if needed 24 hours a day. Regular community meetings give residents the opportunity to raise any problems or concerns with the environment.



Rated 'Good'
with the CQC



Peer
support groups



Option to continue
with regular
psychology sessions



Homely
environment
with 24-hour support



Supporting individuals
to access education and
vocational studies



Person centred
therapeutic timetable



Support from
nurses (RMN & RGN)
where required



Promoting
family
involvement
(where appropriate)



We empower individuals
to enable them to learn and
practice skills and manage
their illness in the community



Our community links:

- > Local Colleges
- > Nearby gym with pool
- > Libraries
- > Supermarkets
- > Cafés
- > Transport links with Wolverhampton and Birmingham
- > Bullring shopping centre



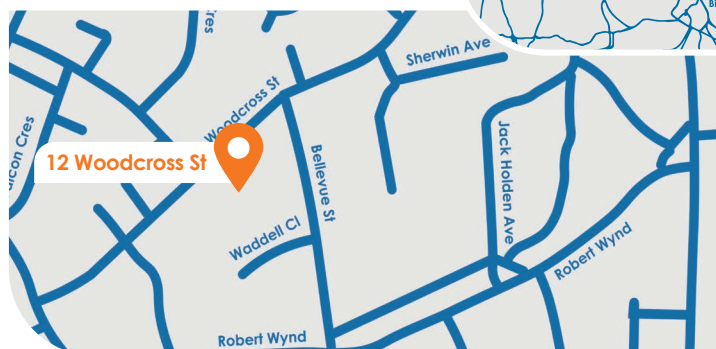
For more information or to make a
referral please call **0808 164 4450**
or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

12 Woodcross Street
Coseley, Bilston,
Wolverhampton WV14 9RT
Phone number
01902 886570



CYG-1063 | Date of Preparation: 15/06/22

Please visit cygnethealth.co.uk for more info | Follow us on social media:

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