

Specialist residential service for adults with learning disabilities

The Orchards, Essex

Good

Now taking referrals



Based in Thorington, Essex, The Orchards supports men with a learning disability, and those who have complex needs and behaviours.

At The Orchards, each individual we support is unique, they have own goals, needs and interests. We work with each resident to ensure that their life is filled with activities that they enjoy, whilst also supporting them to develop their life skills to enable them to live independently. We are proud at The Orchards to have a great track record in enabling residents to step-down along their care pathway into supported living.



Male



18+ 18+ years



5 beds

Our resident profile:

- > Adults from the age of 18+ years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



Our service at a glance

The Orchards is a detached property on a quiet residential street in Thorington, a small village in Essex, which has a pub and a café along with a village shop and post office. Just two miles away is Brightlingsea, where the residents regularly visit and make the most of the facilities in a typical seaside town. Nearby there are plenty of community facilities for individuals to access, including shops, colleges, a swimming pool and a local park in a pretty waterside setting. Clacton and Colchester are a short journey away, providing an extensive array of activities and places to visit.

Each individual has their own bedroom, which they are encouraged to personalise and decorate to show their individuality. The Orchards has a large living space and well equipped kitchen-dining area for residents to use. The kitchen-diner is the hub of the house where residents are encouraged to help prepare food and drinks for themselves and visitors. Developing self-care and daily living skills is a very important part of life at The Orchards.

Externally there is a large, well-maintained garden, where individuals participate in gardening and enjoy growing their own vegetables. The garden has a seating area for relaxing or hosting barbeques and an outdoor gym. The outside area at The Orchards also boasts an activities centre, where residents can take part in an array of activities including weekly clay sessions with a specialist tutor.

We understand that the relationships our residents have with their family and friends are very important and integral to their wellbeing. Therefore we ensure that we enable the individual to stay in touch with loved ones and can facilitate home visits, no matter the distance.



Rated 'Good' with the CQC 

Well equipped outdoor gym located in the garden



External tutor visits the service each week to **teach clay sculpting and design**. The residents have an extensive array of ornaments they have made that they are very proud of



Individuals are supported to go on holidays and day trips of their choice



Residents attend Supported Learning College for courses such as IT safety, cooking and construction



Supporting residents to visit places of worship



Host annual 'end of summer party' for residents and individuals from other local residential services



Regular themed days – residents celebrate by decorating the service and having parties



Promote family involvement and facilitate home visits regularly



Access to a private swimming pool for residents each week



Homely environment with 24/7 support



Our community links:

- > Pubs, cafés and restaurants
- > Shops
- > Colleges
- > Swimming pool
- > Local park on the waterfront
- > Beaches
- > Excellent transport links

Our facilities:

- > 5 large en-suite rooms
- > Full-size outside gym
- > Lounge
- > Dining room
- > Kitchen
- > Activity centre
- > Spacious garden with room for external activities and BBQs

"I wanted to compliment you and your team on the support that you've provided. It's clear a lot has been done to promote his independence and approach to his care in a very person-centred manner. It has been positive to see a service taking such an active role in enabling it's residents." *Independent Advocate*

"We embrace each individual's uniqueness and ensure that we support them to live the life they want to." *Service Manager*

"I honestly can't thank you enough for caring for our son. It is such a blessing to us that he is in such safe and caring arms." *Family Member*

"I would like to let you and your team know how pleased we are as a family. Our son spent the day with the whole family on Monday and everyone remarked afterwards how much calmer he seems and how his demeanour has changed already for the better in such a short space of time." *Family Member*

 For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

The Orchards,
Station Road, Thorrington,
Essex CO7 8JA

Phone number
01206 250676



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