

Improving lives together

Specialist residential service for adults with learning disabilities and complex needs

Trinity Lodge, Lockerbie



Accepting referrals now

Trinity Lodge is a specialist residential service for adults with learning disabilities and complex needs. The team supports individuals who have behaviours that may challenge and associated mental or physical health needs.



Mixed gender



18+ years



6 placements (including 2 self-contained flats)

This new residential service has been designed to accommodate the ongoing aging needs of current residents at Trinity House, a residential service with nursing, also in Lockerbie. The service also accepts external referrals.



Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness
- > May have communication challenges
- > May have associated complex needs



Our service at a glance

Trinity Lodge supports 6 individuals in 3 living units, 2 single occupancy flats and 4 en-suite bedrooms with communal living space. The en-suite bedrooms are located on the first floor and the facilities include a communal and quiet lounge, a dining room, a kitchen, an accessible bathroom, a shared garden with seating and space for outdoor activities. The 2 flats are located on the ground floor and each has its own front door giving individuals added independence. Both flats have their own lobby, en-suite bedroom, kitchen and lounge diner as well as a private garden solely for their own use.

Located in the heart of a residential part of Lockerbie, the service has an abundance of community-based activities and facilities. The residents will be encouraged to be involved in the local community as much or as little as they wish to be.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.

New social enterprise café

Within the service is a new social enterprise café. This café will be open initially a couple of days a week and will be open to the public. The residents from Trinity Lodge and Trinity House will be offered the opportunity to develop skills in catering and customer service whilst contributing to all aspects of working in a café environment.



Ensuring residents have a positive experience



Promoting a safe environment to establish positive risk-taking



Develop active partnerships with families and other agencies



Encourage social networking or leisure pursuits, maximising the wider use of the community



Actively involve individuals in shaping their service, how it will be delivered and reviewed



To experience a high quality of care with regular staff supporting the individuals



Enabling individuals to be citizens



Support residents to explore and develop new personal life experiences and maintain existing interests



Having a fulfilling life based on choice and opportunities



Promote independence through goal-setting and re-enablement approaches



Our community links:

- > Leisure centres
- > Hydrotherapy and sensory centres
- > Social clubs
- > Shops and cafés
- > Colleges and work placement settings
- > Local river for fishing

Our facilities:

- > 2 self-contained flats with private gardens
- > 4 en-suite bedrooms
- > Communal lounge
- > Quiet lounge
- > Dining room
- > Kitchen
- > Communal garden



Where are we?

Trinity Lodge
Townhead Street, Lockerbie,
Scotland DG11 2AG
Phone number
01576 220340



For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450/chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

CYG-1035 | Date of Preparation: 17/04/24

Please visit cygnetgroup.com for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care