

Neuropsychiatric Service for Men

Cygnets St William's,
Darlington

Good



Cygnets St William's is a 12 bed Neuropsychiatric care and treatment facility offering those affected by acquired brain injuries. It is a safe and secure place to aid recovery as well as offering those diagnosed with a progressive neurological disease, like Huntington's Disease, a caring and longer placement to support and help manage the progression of their symptoms.

The hospital is a modern purpose built facility which has been designed specifically to provide a clinically led evidence based neuropsychiatric pathway for those individuals presenting with behaviours that challenge. Our focus is to create a therapeutic rich environment which engages our service users and offers them the opportunity to minimise their challenging behaviour and maximise their independence.

We provide a resource intensive in-house Neuropsychiatry interdisciplinary team dedicated to the 12 service users at Cygnets St William's.



Male



18+ years



12 beds

Our person centred approach puts the individual at the centre of their treatment and discharge planning. The service offers a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.

Our facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Living room
- > Additional communal areas
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > On-site laundry facilities
- > Specific dietary needs met by our in-house catering team



Scan the QR code or click here
to watch a short video on
Cygnets St William's

Our service user profile:

- > Men aged 18+ affected by a neurological condition where challenging behaviour is the leading impairment
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history
- > With a diagnosis of:
 - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
 - Established or suspected neurodegenerative condition including Huntington's Disease
 - Specialist Dementia e.g. Pick's Disease, Frontotemporal Dementia
 - Korsakoff's Syndrome or other substance abuse related brain injury
- > Presenting symptoms may include:
 - Dysphasia or other communication problems
 - Dysphagia with or without the requirement of PEG support/modified diets
 - Moderate to severe cognitive impairment
 - Respiratory difficulty requiring support of BiPAP (Bi-level Positive Airway Pressure) or CPAP (Continuous Positive Airway Pressure)
 - Mobility impairments
- > Presenting comorbidities may include:
 - Psychiatric disorders including psychoses
 - Complex epilepsy
 - Post-ictal psychosis
 - Organic personality disorder

Community links

include the Dolphin Centre, which is a sports centre with gym, swimming pools, and hydrotherapy pool.



Physical health care clinic

is supported by a Registered General Nurse



Therapy kitchen

and additional therapy spaces



Inter-disciplinary team input including:

- Psychologist
- Occupational Therapist
- Speech and Language Therapist
- Physiotherapist
- Clinical Hospital Manager
- Therapy Coordinator
- Nurses across RMN/RGN/ RNLD disciplines
- Support Workers
- GP cover from local practice



Onsite Gym which has weights, exercise bikes and parallel bars for support with mobility rehab



Close to local town of Darlington, with access to cinemas, parks, shopping and cafes.



Multi-functional outdoor space including garden



Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Risk assessment and management
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community Reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions

Where are we?

Cygnets St William's

Cygnets St William's, Cornwall Avenue,
Darlington, County Durham DL1 2LJ

Phone number
01325 638710



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For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnets referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Please visit cygnethealth.co.uk for more info | Follow us on social media: [Twitter](#) [Facebook](#) [LinkedIn](#)

Integrity

Trust

Empower

Respect

Care