Specialist residential service for adults with autism and learning disabilities

The Squirrels, Hampshire

Good



The Squirrels is a 9 bed specialist residential service for adults with autism and learning disabilities, who may present with behaviours that challenge. We aim to provide a safe, comfortable and effective care environment for those in our care, promoting independence and community integration.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.







18+ year



9 beds



Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a diagnosis of autism & learning disability
- > May present with behaviours that challenge
- > May have communication challenges
- > May have associated complex needs
- May have an ECHP (Education Healthcare Plan)
- May be subjected to DoLS (Deprivation of Liberty Safeguards) or Care Orders

Our service at a glance

The Squirrels has 9 bedrooms with en-suite shower rooms; three on the ground floor and six on the first floor. The service has plenty of space, both inside and outside in the large garden. Communal living areas include a large lounge, dining room, a cinema room and activity room known as The Hub, as well as a couple of communal bathrooms and a sensory room. Externally in the large garden individuals are supported to take part in sports and activities as well as be able to relax and enjoy the peace and quiet.

The home is located in the beautiful village of Chilworth just a short distance from Southampton and its vast array of community facilities. There are pleasant woodland walks and parks on our doorstep along with the usual amenities you would expect to find in a village. The residents are encouraged to be involved in the local community as much or as little as they wish to be. As part of our care pathway, The Squirrels enables each individual to build upon their skills to achieve further independence, self-advocacy and confidence, leading to better quality of life.

Our activity co-ordinator supports individuals in creating person-centred activity planners and developing daily living skills both inside the home and out in the community. The integrated multi-disciplinary team (MDT) consists of occupational therapy, speech and language therapy, psychology and psychiatry. Our staff use least restrictive practice approaches and are trained in specialised intervention techniques and sensory integration strategies.

Our facilities:

- Bedrooms with en-suite shower and toilet
- > 2 communal bathrooms >
- > Large lounge
- > Multi-sensory room
- Recreational and arts facilities
- > Large garden with outdoor seating
- The Hub includes a cinema room and activity room

Easy read and other accessible information available to all residents



Independent advocate attends the service











CEO Award for going over and above to protect the residents during a COVID-19 outbreak



Residents meetings take place monthly



Achieved the Dignity in Care award

> On-site multi-disciplinary team Consisting of occupational therapy,



100%



family involvement where appropriate

Promoting



Focussed on reducing restrictive practice

speech and language therapy, psychology and psychiatry



of individuals feel safe





of individuals say that they are happy with their care



of residents say staff help them to do the things that

are important to them





Thank you to all the staff, day and night, for looking after our son so well during a difficult episode for him. We don't know what we would do without you all.'



Our community links:

- > Shops
- Country parks
- Woodland walks
- Local beaches
- QE2 Activity Centre activity sessions and day services for those with autism, learning disabilities and sensory impairment





For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- Referral made to Cygnet referrals team via 0808 164 4450 /chcl.referrals@nhs.net
- Assessment arranged and undertaken via our management team
- Feedback provided on whether our service can meet the individual's needs
- Assessment pack formulated including care plans and funding information
- Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement





