

Specialist high dependency complex care service for men with learning disabilities

Redwood Ward,
Cygnet Hospital Taunton,
Somerset

Good



Beds available
 Now taking referrals



Redwood Ward at Cygnet Hospital Taunton is a 9 bed high dependency complex care service for men with learning disabilities and associated complex needs who may also have behaviours that challenge.

Each individual in our care begins a personalised care pathway that helps them develop necessary skills to move towards a less restrictive setting in the community. We want the men in our care to make their own choices and live as independently as they are able to. To achieve this, our in-house multi-disciplinary team (MDT) supports them with our model of care in which we adopt a values based social model of disability with **My Choice**, **My Voice**, **My Life** sitting at the heart of the model.



Male



18+ years



9 beds

Our service user profile:

- > Primary diagnosis of learning disability and mental health complex needs
- > May present with co-morbid presentations:
 - Challenging behaviour
 - Personality disorder, schizophrenia, depression, bi-polar disorder
 - Dual diagnosis
 - Complex needs and/or multiple diagnoses
- > May be detained under the Mental Health Act or informal
- > May have a history of repeated hospital admissions
- > May have a forensic history

Our service at a glance

The service is set in 10 acres of land surrounded by farmland. This quiet and tranquil setting is perfect for service users to enjoy the countryside. With great transport links, the team encourage and support individuals to be part of the local community. Taunton town centre offers contrast to the quieter country life with market places, shopping malls and many other entertainment areas such as restaurants, theatres and cinemas.

Inside the service each individual has their own en-suite bedroom as well as communal spaces including lounge, dining room, conservatory and a therapy room. Externally there is a sensory garden, horticultural area where service users are learning how to grow their own herbs, as well as plenty of outdoor space for parties, sports and BBQs.

Our comprehensive MDT includes a mix of learning disability nurses (RNLD) and general nurses (RGN) as well as occupational therapy, speech and language therapy and psychology, meaning we are able to accommodate service users who may have complex physical health needs and associated diagnoses.

In addition, we are able to work with individuals who may present with specific high risks through the use of evidence based risk assessments. The team supports individuals in behaviour management, emotional regulation and offence-related work.

In line with Transforming Care, Redwood Ward supports the provision of care closer to home for men with a learning disability, and further strengthens our national network of specialist pathways. With a focus on discharge from the outset, the team place the individual at the heart of their own care, developing collaborative plans detailing achievements and progress towards transition to the next step on their recovery journey.

Our community links:

- > Local town centres of Taunton and Exeter
- > Voluntary work placements
- > Leisure centre/gym
- > Cinema and shopping
- > Restaurants and cafés
- > Countryside walks
- > Close relationship with Taunton FC
- > Local YCMA for recreational activities

★ ★ ★ ★ ★
Rated 'Good'
by the CQC



80% of individuals discharged in last 2 years have been stepping down their care pathway into a community facing setting

Supporting individuals who are on their care pathway to independent living

MDT offer drop in sessions on top of scheduled therapy



Weekly community meetings, individuals have their say on the way the service is run including making plans for the week ahead



Therapy skills kitchen to support the development of skills



Easy read and other accessible information available to service users



Wide range of activities chosen by service users



Person-centred meal planning including shopping and cooking



Supporting individuals to gain voluntary work in the community



In-house library

Service user survey results

100%

of individuals feel safe



100%

of service users say they are listened to



83%

of individuals are happy with the activities that they do



100%

of service users say their care has made them feel better about their life



100%

of individuals say staff listen to the way they want to be supported



Our multi-disciplinary team:

- > Consultant Psychiatrist
- > Specialty Ward Doctor
- > Psychologist
- > Nurses (RNLD, RMN & RGN)
- > Healthcare Support Workers
- > Occupational Therapist
- > Occupational Therapy Assistants
- > Mental Health Act Administrators
- > Clinical Administrator
- > Independent Mental Health Advocates

Our facilities:

- > En-suite bedrooms
- > Spacious communal lounge
- > Garden with outside seating including a horticultural area
- > Dining room
- > Therapy kitchen
- > Conservatory
- > Internal sensory garden

Service user survey results from October 2021



For more information or to make a referral please call **0808 164 4450** or email **chcl.referrals@nhs.net**

Our referral process:

- 1 Referral made to Cygnet referrals team via **0808 164 4450** / **chcl.referrals@nhs.net**
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnet Hospital Taunton
Orchard Portman, Taunton,
Somerset, South West TA3 7BQ
Phone number
01823 336 457



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