Supported living for adults with learning disabilities, autism, mental health needs and behaviours that may challenge

North East Supported Living, Darlington

We have opened a brand new supported living scheme situated in the heart of the local community in Darlington. The new 4 bedroom bungalow supports adults with learning disabilities, autism, mental health needs and behaviours that challenge.

The new service offers individuals the opportunity to be active members of their local community whilst holding their own tenancy agreement with a registered housing association.

Supported Living is an important step towards independence. We know how important it is for individuals to have the right support so they can live the life they want to live.



Cygnet Health Care

Mixed Gender 4 bed bungalow

8+ 18+ years

NEW

Our resident profile:

- Diagnosis of learning disability and/or autism
- > May have associated mental health needs
- > Behaviours that may challenge
- Communication challenges



Cygnet Health Care are experienced in supporting individuals who may lack capacity to choose where they live and would work closely alongside our commissioning partners to ensure that correct legal frameworks are in place in order for them to live successfully in the community.

Offering experienced, trained staff twenty-four hours a day, the service benefits from a core staffing team. Each tenant will be allocated an experienced and consistent staff team and training would be bespoke to individual support needs which enables tenants to live as independently and safely as possible.

When individuals come to North East Supported Living, we will take the time to get to know them, their preferences, as well as their hopes and dreams for the future. We will support individuals with a personal discharge plan to achieve their goals and aspirations and ensure they feel they are in control of their own life.





Our community links:

- > Local shops and supermarkets
- > Good rail links
- > Local parks
- > Cinema
- > Leisure centre

How we support individuals:

Helping individuals to build relationships and access whatever community activities they would like to take part in





Working with them to find out their strengths, abilities and references Providing personcentred practical help for individuals - such as training and support on how to manage their home, their money, gardening, housework and healthy living

Easy read and other accessible information available to individuals





We get to know them, their families, carers advocates and other people who are important to them and their care and support Helping individuals to set and achieve goals as part of their support plan



Supporting individuals in Darlington

Darlington - 4 bed bungalow

Registered address:

118 Woodland Road, Darlington, Co Durham, North East DL3 9AG

T: 01325 637722





How to make a referral

We are able to take referrals 24 hours a day, 7 days a week. For more information or to make a referral please call 0808 164 4450 / email chcl.referrals@nhs.net or contact your regional Business Relationship Manager.

Our referral process:

- Referral made to Cygnet referrals team via 0808 164 4450 / chcl.referrals@nhs.net or through your
- regional Business Relationship Manager Assessment arranged and undertaken
- via our management team
- Feedback provided on whether our service can meet the individual's needs
- Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

CYG-623 | Date of Preparation: 01/12/21

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