

STOMP and STAMP

Pledge

Stopping The Over-Medication of Adults and Young People with a Learning Disability, Autism or both (STOMP) and Supporting Treatment and Appropriate Medication in Pediatrics (STAMP)

We pledge to make sure Adults and Young People with a Learning Disability, Autism or both are able to access appropriate medication (in line with NICE guidance), but are not prescribed inappropriate psychotropic medication. Regular and timely reviews should be undertaken so that the effectiveness of the medication is evident and balanced against potential side effects. This will mean that adults and young people are only getting ***the right medication, at the right time, for the right reason.***

We, the undersigned, pledge to work together with Adults and Young People with a Learning Disability, Autism or both, and their parents, carers and families, to take measurable steps to ensure that Adults and Young People only receive medication that effectively improves their lives.

We pledge to set out the actions that our individual organisation will take towards this shared aim and report regularly on the progress we have made, ensuring that we can be held to account.

Signed: Dr Jon van Niekerk (Group Clinical Director)



On behalf of Cygnet Health Care Executive Board.