

Specialist residential service for adults with learning disabilities and complex needs

Outwood, Leeds

Now taking referrals



Located in Horsforth, a charming village in the suburbs of Leeds, Outwood is a specialist residential service for adults. We provide outcome focused care for individuals with learning disabilities and associated complex needs who may have behaviours that challenge.

We encourage and enable the individuals we support to lead a full and happy life. We work with them to ensure they have more choice and control in their lives. We find out their strengths, abilities and preferences so that the care provided can be as person-centred and meaningful to each individual as possible.



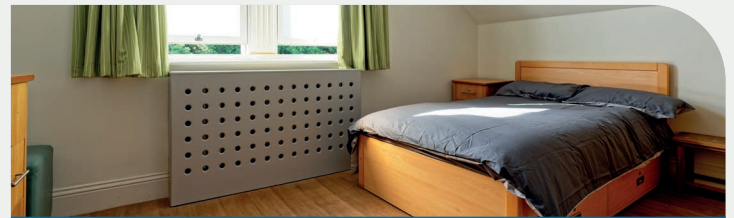
Mixed gender



18+ years



10 beds in 3 living units



Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs

Our service at a glance

Outwood consists of an 8 bed unit and two 1 bed single occupancy flats. The main unit has 8 en-suite bedrooms with 3 large communal lounges, a kitchen and dining room. The two flats are both self-contained for individuals to live independently in their own space with staff support. Externally there is a large garden which has plenty of space for individuals to participate in sports and games or just enjoying the outside space.

We ensure we involve family or advocates in an individual's care. We have high staffing levels at Outwood, this ensures that we are able to meet the changing needs of the residents as they progress through their care pathway.

The service is in a great location enabling the residents to benefit from excellent community facilities including shopping centres, cinemas, pubs & cafes. The residents are encouraged to be involved in the local community as much or as little as they wish to be.

In conjunction with the other local Cygnet residential services, we have some fantastic projects that residents can attend regularly including bakery, textiles and horticultural work. These projects introduce vocational and learning activities designed to give residents the opportunity to learn valuable skills and develop confidence in a safe and familiar environment.

Our community links:

- > Cinemas
- > Local parks
- > Community groups
- > Colleges
- > Shops, cafes and restaurants
- > Bowling
- > Short bus ride to Leeds City Centre
- > Excellent transport links and local amenities
- > Day services

★ ★ ★ ★ ★
 Rated 'Good' by the CQC



100% of individuals consistently achieve 25 hours of activity each week



Attending galas and other community events at Kirkstall Abbey



Supporting individuals to gain voluntary work in local charity shops



Supporting individuals to attend local colleges



Achieved the Dignity in Care award

Dignity in the heart, mind & actions
www.dignityincares.org.uk




Person-centred allocation of key workers



Textiles project - giving individuals the opportunity to learn to sew and create new things each week



Bakery project - At our on-site bakery project, individuals are taught how to make cakes and other sweet treats, whilst also learning about the safety aspect of a kitchen




Supporting individuals to enhance their social skills and attend day services



Horticultural project - giving individuals the opportunity to learn to sew and create new things each week



Education centre - we provide AQA accredited courses for individuals. The course depends on each individual's skills. Courses include IT, arts and craft, budgeting, music and many more



Feedback and resident survey results

100% of residents feel safe



100% of residents believe that staff treat them with respect and listen to the way they want to be supported



I am always impressed with the kindness, patience and professionalism that I observe when I see the team and residents on the street. - Neighbour

As always, please thank all staff for their patience and hard work that they do with our daughter, for the updates on the phone, and always making us feel very welcome when we visit. It is very much appreciated by us all. - Parent

100% of residents are happy with the activities that they do



Can you please pass on our thanks to all who helped making our grandson's birthday so special. It means a great deal to us all seeing the care and commitment shown to him. - Family member

Outwood's team have responded to resident's needs, the use of alternative strategies to physical intervention and that commitment to learning lessons, being reflective and being responsive to changes in behaviour. - Professional referring to a transition

100% of residents say that their care has made them feel better about their life




i For more information or to make a referral please call **0808 164 4450** or email chcl.referrals@nhs.net

- Our referral process:**
- 1 Referral made to Cygnet referrals team via **0808 164 4450** / chcl.referrals@nhs.net
 - 2 Assessment arranged and undertaken via our management team
 - 3 Feedback provided on whether our service can meet the individual's needs
 - 4 Assessment pack formulated including care plans and funding information
 - 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Outwood
 12 Outwood Lane, Horsforth,
 West Yorkshire LS18 4JA

Phone number
 0113 2586144

