

# Specialist residential service for adults with learning disabilities and complex needs

Gledholt, Huddersfield

Now taking referrals



Gledholt is an enhanced community residential service providing outcome focused support for adults with learning disabilities, who may have behaviours that challenge and associated complex needs.

Gledholt is operationally a nurse-led service with both service manager and head of care being qualified nurses. We have an in-house multi-disciplinary team (MDT) who support the residents in our care throughout their journey with us. The team consists of a consultant psychologist, psychology assistant, occupational therapist, occupational therapy assistant, activity co-ordinators, nurses and speech and language therapist. We are able to meet the changing needs of our residents as they progress through their care pathway, while ensuring their safety is maintained and their independence supported.



Mixed Gender



18+ 18+ years



9 beds in 2 living units



## Our resident profile:

- > Adults from the age of 18 years
- > Individuals with a primary diagnosis of learning disability accompanied with behaviours that challenge including mental illness or a forensic background
- > Individuals with a secondary diagnosis of personality disorder or autism
- > May have communication challenges
- > May have associated complex needs



## Our service at a glance

We have a unique care plan pathway called the Visual Discharge Plan (VDP). This approach involves a collaborative process between the individual, their families, the MDT and staff team. It ensures the person is at the heart of their care and takes into account what's important to them, whilst balancing this with the clinical need. This puts the resident at the heart of their care and also ensures that discharge planning commences at the point of admission.

Gledholt is divided into two living areas, the main house and the coach house. The main house, which is split across three floors, offers seven en-suite bedrooms, communal lounges and a kitchen on each floor to enable the residents to shop for and prepare their own meals. The coach house is a two bedroom unit giving the individuals we support the option to spend time in their own space or in the main house. Externally there are beautiful gardens to the front and rear of the building with raised flower beds, outdoor seating and plenty of space for sports, games and parties.

The service is located in a bustling residential area of Huddersfield, in walking distance to an abundance of community facilities. The residents are encouraged to be involved in the local community as much or as little as they wish to be. We have great links with external agencies, including the police, the mental health enhancement team, local hospitals and many more to ensure that our residents are safe and well supported in the community.

## Our facilities:

- > En-suite bedrooms
- > Lounges
- > Dining room
- > Multiple kitchens
- > Therapy space in the coach house
- > Large garden

★ ★ ★ ★ ★  
 Rated 'Good' by the CQC

Residents are supported to attend local colleges for English and Maths skills

Links with many community groups in Kirklees including:

- > Upscaling groups
- > Conservation groups
- > Service user groups – some of the residents are working towards becoming experts by experience in the local area

Collaborative care planning with external agencies to enhance the experience of accessing the community

Clinical in-reach work to ensure a safer and smoother transition process both in and out of the service

0% agency usage since the service opened

Therapeutic resident's meeting daily

Specialist training delivered to staff tailored to the needs of the residents

People's council meetings are held once a month with the residents chairing the meeting and ensuring that topics that are important to them are raised

Residents are encouraged to cook and prepare their own lunches independently or with staff support

Supporting individuals to enhance their social skills



**Our community links:**

- > Cinemas
- > Local parks
- > Community groups
- > Colleges
- > Shops, cafes and restaurants
- > Sports clubs
- > Great public transport links

"Well done on the depth and quality of the work that the team presented and how the VDP (Visual Discharge Plan) captured the person."  
 Care Coordinator

"Extremely caring staff that are very approachable."  
 Resident

For more information or to make a referral please call 0808 164 4450 or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

**Our referral process:**

- 1 Referral made to Cygnet referrals team via 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

**Where are we?**

**Gledholt**  
 32 Greenhead Road, Gledholt, Huddersfield, West Yorkshire HD1 4EZ  
 Phone number 01484 507810



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