Model of Care for our Mental Health High Dependency Inpatient Rehabilitation Services



My Future

My Past

> Medical

Physical health

& examination

Capacity to treatment

Comorbidity screening

intervention need using

set assessments and

those driven by case

change assessment

functional assessments

Occupational Therapy

screening

Leave review

Assessment of

specific needs

Readiness for

Baseline

DLSOS MOHOST Sensory Screening MOHO Case Formulation

Case formulation

> Psychology

The service will provide a therapeutic setting and will have achieved or be working towards AIMS accreditation

Staff supporting individuals in our care will be provided with continuing training, development & supervision relevant to the service user needs

The effectiveness of the service will be measured using standardised outcome measures and the auglity of life of individuals in our care

A specific model of care will be provided which offers a flexible and person centred approach in line with best practice

Stage One

Assessment & Engagement

Understandina Me

> Nursing

Service user

Family links

of risk

Sleep scales

review meetings

(including CPA)

PBS (or equivalent)

Plan development

5 Ways to Wellbeing

Baseline assessment

At Cyanet Health Care we are doing all we can to make a **positive difference**. To help quide us & ensure we are working together to achieve this we have collaboratively developed our model of care for our high dependency rehabilitation services. A guide that shows what we do as an organisation to support individuals with mental health needs on their road to recovery.

Stage Four

Transition & Discharge

- Final pharmacological review
- Discharge summary
- Formulation of physical and mental well-being

> Psychology

- Update relevant
- · Review of relapse plans

care coordinator > Multi-Disciplinary Team

- - future placement
 - Referral to
 - Establishing

My Future

> Medical

- risk assessments
- · Ending of of physical health therapeutic relationships

> Occupational Therapy

- Placement assessment
- Orientation to
- community organisations
- community links

> Nursing

- Completion of self-medication stages
- GP/dentist
- Coordinate discharae
- Liaison with care coordinator

- review meetings (including CPA)
- family/ community support
- community team
- Risk formulation and positive risk taking

Stage Two

Recovery My Skills

> Medical

- Physical health review
- Review of detention
- Clarifying diagnosis
- Pharmacological formulation

> Psychology

- Direct and
- Physical health Individual and/or Religious needs group therapy Orientation to using evidence the unit based approaches
- Baseline assessments Intervention to reduce distress and/or risk > Multi-Disciplinary Team
 - Development of insight/self-awareness
 - Psychoeducation work
 - Offence focused work

Occupational Therapy

- Functional skill building
- Therapeutic programme
- Educational activities
- Vocational skills
- Social skills
- Sensory Strategies

> Nursing

- Stages of medication
- Family liaison work
- Well man
- /woman clinic
- Communication with care coordinator
- Insight development

indirect interventions > Multi-Disciplinary Team

- Service user review meetings (including CPA)
- Psychoeducation • PBS (or equivalent)
- plan review • Risk formulation & positive risk taking
- 5 Ways to Wellbeing
- On-going risk assessment and management

unescorted leave

Stage Three

Consolidation

My Independence

> Nursing

- Relapse Prevention work (WRAP)
- Developing confidence with skills generalisation
- Skills testing

> Medical

Final titration

Progression of

> Psvchology

of medication

Review of capacity

Review of detention

Evaluation of progress

Occupational Therapy

- Community focused activities
- Review of functional assessments
- Vocational activities
- Independent implementation of learnt skills

 Service user review meetings (including CPA)

• Self-medication

with family

Liaison with

Discharge ligison

Self-management

- Psychoeducation
- Risk formulation and positive risk taking
- Family support
- 5 Ways to Wellbeing
- WRAP & PBS (or equivalent) review

- Transfer to local



- Service user
- Placement visits.
- Handover to
- 5 Ways to Wellbeing
- WRAP & PBS (or equivalent) review

Enabling and Nurturing Environment