



Your guide to **Acer Lower** Cygnet Acer Clinic

Personality Disorder

Acer Lower

Chesterfield

Registered address: Cygnet Acer Clinic
Worksop Road
Mastin Moor,
Chesterfield,
Derbyshire
S43 3DN

Acer Lower is part of Cygnet Acer Clinic. This is owned by Cygnet. Cygnet Acer Clinic is in Derbyshire.

The people we care for in Acer Lower are:

- Female
- 18+





Up to 14 people can stay at Acer Lower.

We aim to make your stay here as calm and safe as possible. Staff will be supportive and friendly.

People we support



At Acer Lower we support women who are aged 18 years old and over. We support those with a primary diagnosis of a personality disorder along with complex needs.

We will support you if you have been detained under the Mental Health Act.

You may have a criminal record.

You may have experienced:

- regular placement breakdowns
- trouble with maintaining relationships

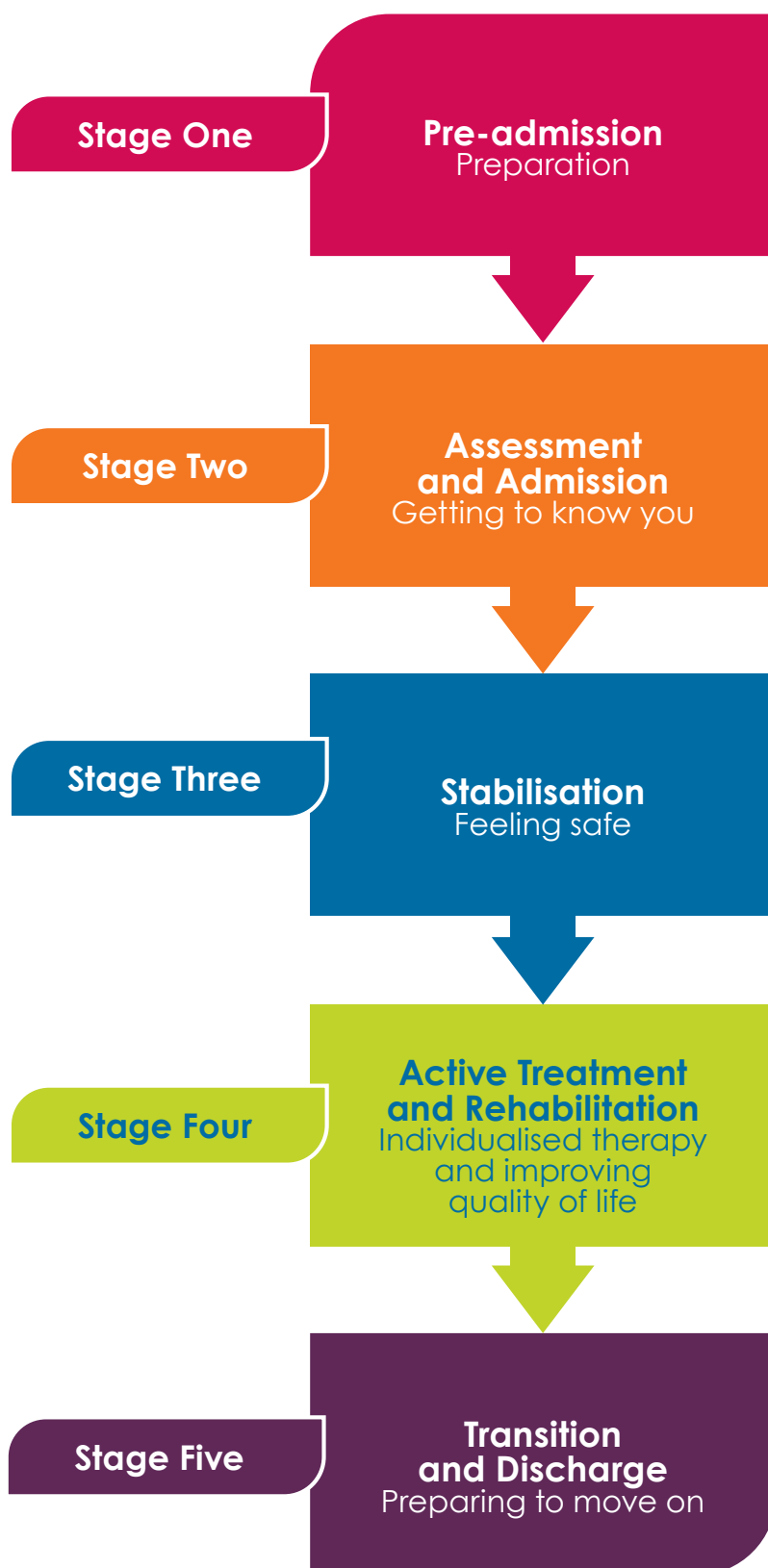
Our team



There are a range of people to help you during your stay at Acer Lower:

- occupational therapy team
- psychiatry team
- hospital manager
- clinical
- manager
- psychology team
- responsible clinician
- ward manager
- team leaders

Model of Care for our Personality Disorder Services



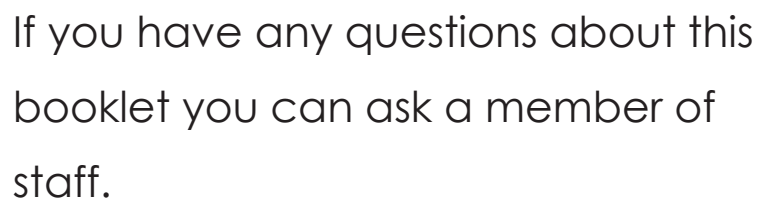
Therapies



Our staff are trained to help you deal with your problems in a safe environment. Some of the therapies available are:

- START assessments
- Pre-engagement group
- Personality Disorder psychoeducation
- Mindfulness
- Systems Training for Emotional Predictability and Problem Solving (STEPPS)
- Wellness Recovery Action Plan (WRAP) and 'My Safety Plan'



[illegible]

Address

Cygnat

4 Millbank, 3rd Floor,

Westminster,

London,

SW1P 3JA

Telephone

0207 123 5706

Website

www.cygnatgroup.com

CYG_ER_219 | Date of Preparation: 31/07/25



Accessible
Information
Standard