

Improving lives together

Acute Service for Women

Acer Upper,
Cygnnet Acer Clinic, Derbyshire

Good

Accepting
referrals

Acer Upper at Cygnnet Acer Clinic is our 14 bed acute mental health service for women. The service provides a safe and stabilising environment for individuals who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of this service is about assessing and treating people in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we support individuals to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team work closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.



Female



18+ years



14 beds

Our service user profile:

- > Women, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness requiring a crisis admission
- > Diagnoses may include:
 - Acute mental illness
 - Acute depressive illness
 - Psychosis
 - Schizophrenia
 - Bi-polar disorder
 - Personality disorder
 - Dual diagnosis
- > May present with co-morbid presentations:
 - Self-harm
 - Substance misuse issues
 - Complex needs



1

Referral made to
Cygnnet bed hub via
0808 164 4450 /
chcl.referrals@nhs.net

2

Feedback provided on
whether our services can
meet the service user's
needs within 1 hour of receipt
of full clinical information

3

Admission agreed and
arranged with referring
team following
confirmation of funding

For All PICU and
Acute Referrals
(Adults and CAMHS)

0808 164 4450
chcl.referrals@nhs.net

Where are we?

Cygnnet Acer Clinic
Workshop Road, Chesterfield,
Derbyshire S43 3DN

Phone number
01246 386 090



CYG-665 | Date of Preparation: 23/10/24

Please visit cygnnetgroup.com for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care