

Improving lives together



# High Support Inpatient Rehabilitation (Level 2) Service for Men

**Marlowe Ward**  
**Cygnet Lodge Woking, Surrey**

Beds  
available  
Now taking  
referrals

Welcome to  
Cygnet Lodge  
**WOKING**



Marlowe Ward at Cygnet Lodge Woking offers a High Support Inpatient Rehabilitation (Level 2) Service for men. Our recovery programme is delivered in a culture that balances risk management with therapeutic optimism, where men have the opportunity to learn and practice the skills they will need in a safe environment.



Male



18+ years



12 beds

## Our service user profile:

- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
  - Complex comorbidities
  - Substance, drug and alcohol abuse
  - Treatment resistance
  - Behaviours that challenge
- > Aiming for a return to community or community-based care
- > History of sexual abuse or domestic violence
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and / or be stepping down from secure services
- > May have a history of repeated acute admissions



## Service Overview

Marlowe Ward is a 12 bed service that delivers high-quality care within a community atmosphere, while focusing on discharge planning from the moment individuals arrive. The men we support often come to us following multiple placement breakdowns, failed treatment programmes or they may be stepping down from secure settings. Our aim is to understand, stabilise and break the traumatic cycles of relapse that can impact an individual's life.

Marlowe Ward offers a range of therapies and opportunities and care plans are individualised. The local community is an essential step along the pathway to independence, for both leisure pursuits and for social training such as shopping and using public transport. External activities are tailored to individual needs and wishes.

Cygnet Lodge Woking also includes Milligan House, an eight bed service that is an annexe to the main building, offering a dual-model of care and step down pathway for both Level 1 and Level 2 patients. Milligan House allows Marlowe Ward to provide a care pathway for service users as they reach a level of increased stability.



Accredited by the  
RCPsych quality network  
for mental health  
rehabilitation services



**Positive Behaviour Support (PBS)** plans created inclusively with each individual



**Staff support individuals** with their physical health as well as mental health, encouraging them to live healthier lives



**Therapy dog visits weekly**



**Daily living skills** kitchen available supporting skill development



**On-site gym instructor**



**Multi-disciplinary team (MDT)** work together as a team to ensure everyone is supported and there are no gaps in their care



**Multi-faith room available**



**Our average length of stay on Marlowe Ward is 9 months\***



\*Data based on discharges in a 12 month period ending Jul 26

**90%**



**on those discharged from Marlowe Ward were able to step down along their care pathway\***

\*Data based on discharges in a 12 month period ending Jul 26

### 3 tier pathway within the service

Acute



High Support Inpatient Rehabilitation (Level 2)



Pre-discharge stepdown / dual-model service



### Variety of activities offered including:

- > Mindfulness
- > Creative arts
- > Breakfast club
- > Self-catering group
- > Karaoke
- > Movie nights
- > Gym

### Our facilities:

- > En-suite bedrooms
- > 2 self-contained flatlets
- > Therapy kitchen
- > Variety of activity areas
- > Dining room
- > Living room
- > Enclosed garden
- > Gym
- > Multi-faith room



## Make a referral

- 1 Referral made to your **regional business relationship manager** or 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our assessment team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

**Cygnets Lodge Woking**  
Barton Close (off Redding Way),  
Knaphill, Woking,  
Surrey GU21 2FD

**Phone number**  
01483 289999



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Empower

Respect

Care