## Improving lives together

## **Acute Service** for Women

Oakwood Ward, Cygnet Hospital Godden Green, Kent

Good

Oakwood Ward at Cygnet Hospital Godden Green provides a safe and stabilising environment for women who are experiencing an acute episode of mental illness and require an emergency admission.

The ethos of our service is about assessing and treating people in the least restrictive environment and planning for discharge in a robust and timely fashion. With a focus on stabilisation, we will support individuals to manage their mental health, reinforce daily living skills and prepare for independent life back in the community.

Our team works closely and collaboratively with service users, their families and the referrer to provide a seamless pathway from referral to discharge. Our approach is recovery focused and supported by a comprehensive multi-disciplinary team, contributing to shorter lengths of stay.

"A brilliant experience being here. Looked after by some of the best staff i have ever had the honor to work with on my recovery."

- Former service user





**Female** 





## Our service user profile:

- Experiencing an acute episode of mental illness requiring a crisis admission
- Diagnoses may include:
  - Acute mental illness

- Bi-polar disorder

- **Psychosis**
- Dual diagnosis

Luton

Londono

•Walford

- May present with co-morbid presentations:
- Self-harm

- - misuse issues



Referral made to Cygnet bed hub via

Feedback provided on

whether our services can meet the service user's 2 needs within 1 hour of receipt For All PICU and of full clinical information **Acute Referrals** 

> Admission agreed and arranged with referring 3 team following confirmation of funding

## Where are we?

**Cygnet Hospital Godden Green** Godden Green, Sevenoaks, Kent TN15 0JR

Phone number



chcl.referrals@nhs.net

(Adults and CAMHS)

0808 164 4450





Colcheste

Southend-on-Sec Margate

Ashford

Dove

Chelmsford





**Integrity** Trust **Empower** Respect Care