

Improving lives together

Specialist Mental Health and Personality Disorder Community Rehabilitation (Level 1) and Recovery Service

Gledholt Mews and Coach House, Huddersfield

Good



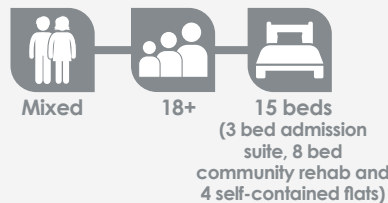
Gledholt Mews and Coach House is our enhanced residential service for adults with mental health needs or a personality disorder who have been able to progress through the hospital pathway and are looking for the next stage in their rehabilitation journey or for those who may be stepping up from a community placement.

Located in Huddersfield just next to Greenhead College and Park, the service provides support to individuals who are ready to take responsibility for the continuation of their own rehabilitation and recovery in a safe environment, whilst living in the wider community.

The service focuses on continuing practicing life skills and coping strategies. We concentrate on community based activities, the use of public transport, education and vocational therapy, job placements, work experience and development of hobbies and interests.



Mental Health Community Rehabilitation (Level 1)



Personality Disorder Community Rehabilitation



Our resident profile

- > Primary diagnosis of mental illness or personality disorder
- > Typical diagnoses include: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression and personality disorder
- > May have a secondary diagnosis of autism spectrum disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

What sets us apart from other services is that we plan and evidence for discharge at the point of entry, with the **Visual Discharge Plan (VDP)**. This approach involves a collaborative process between the individual, their families and the MDT and staff team. It puts the person at the heart of their care and takes into account what's important to the individual and also balances this with the clinical need. An action plan is designed and implemented to assist the individual in achieving his or her unique, personal goals along their journey of recovery. These plans are 'goal oriented' and they:

- > Promote recovery rather than only trying to minimise illness
- > Are based on the individual's own goals and aspirations
- > Articulate the individual's own role and the role of the team and family members in assisting the individual to achieve their goals
- > Emphasize the use of natural community settings rather than segregated program settings; and, allow for uncertainty, setbacks, and disagreements as inevitable steps on the path to greater self-determination.

Our facilities

- > 4 mental health community rehabilitation self-contained flats, each featuring a lounge/diner, kitchen and en-suite bedroom
- > 6 personality disorder community rehabilitation self-contained flats, each featuring a lounge/diner, kitchen and en-suite bedroom
- > 8 mental health community rehabilitation en-suite bedrooms
- > 3 bed admission suite
- > Garden with outdoor seating
- > Multi-faith room
- > Activities of Daily Living (ADL) Kitchen
- > Dining room and lounge
- > Activity room
- > Tribunal / meeting room
- > Assisted bathroom

Rated 'Good' with the CQC 

This service was designed around individuals from the local area in partnership with Kirklees CCG



24/7 Nursing support in a homely environment



A humanistic model focusing on the individual and how they see the world, we don't penalise human traits, we understand them



Different levels of support throughout the service for individuals who are on their path to independent living



Excellent location with great transport links, local town centre and nearby parks



Ensuring meaningful involvement by working inclusively, collaboratively and in genuine partnership



Residents are encouraged to cook independently in the Activities of Daily Living (ADL) kitchen or their own self-contained flats



Supporting residents to access local colleges



Wide range of activities chosen by the residents



Our admission suite

At Gledholt Mews & Coach House we offer our unique organic hub & spoke environment with our 3 bed admission suite which is designed to wrap around the person rather than a fixed environment.

Our hub & spoke support team works exclusively with the VDP pathway and offers support within a community setting with challenging behaviours, increased risk and relapse prevention and management with a risk traffic light system. The core cluster hub & spoke model follows the VDP Pathway from the point of accepting the assessment/admission through to their entire stay within our service.

If the individual has to move from their community environment on to our admission suite or back to their service, our 'hub and spoke wrap around' will continue working with the community teams monitoring and managing relapse and work with the staff and community teams to significantly reduce the risk of relapse and upscale hospital admissions.

Our multi-disciplinary team (MDT)

We have in-house MDT wrap around service that is designed to support the individual in our care throughout their journey with us and is designed to capture and manage risk and relapse in community settings including:

- > Nurses
- > Occupational therapist
- > Psychologist
- > Speech and language therapists
- > Psychology assistants

Our community links

- > Walking distance to Huddersfield Town Centre
- > Local colleges providing learning for adults
- > Local library
- > Greenhead Park with tennis courts, fish ponds and garden areas
- > Variety of shops and good transport links
- > Working in partnerships with Kirklees on community projects such as conservation work, working allotments, nature trails, mountain trail biking

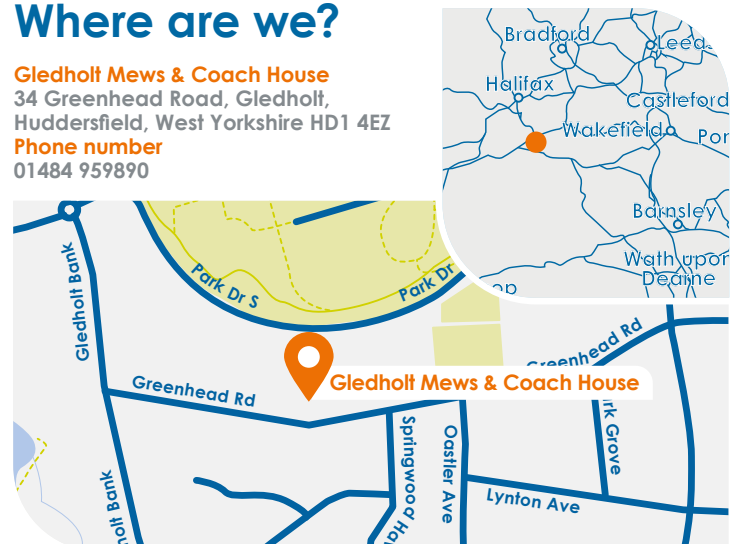
 For more information or to make a referral please call 0808 164 4450 or email chcl.referrals@nhs.net

Our referral process:

- 1 Referral made to Cygnet referrals team via 0808 164 4450/chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Gledholt Mews & Coach House
34 Greenhead Road, Gledholt,
Huddersfield, West Yorkshire HD1 4EZ
Phone number
01484 959890



CYG-1124 | Date of Preparation: 27/02/24

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