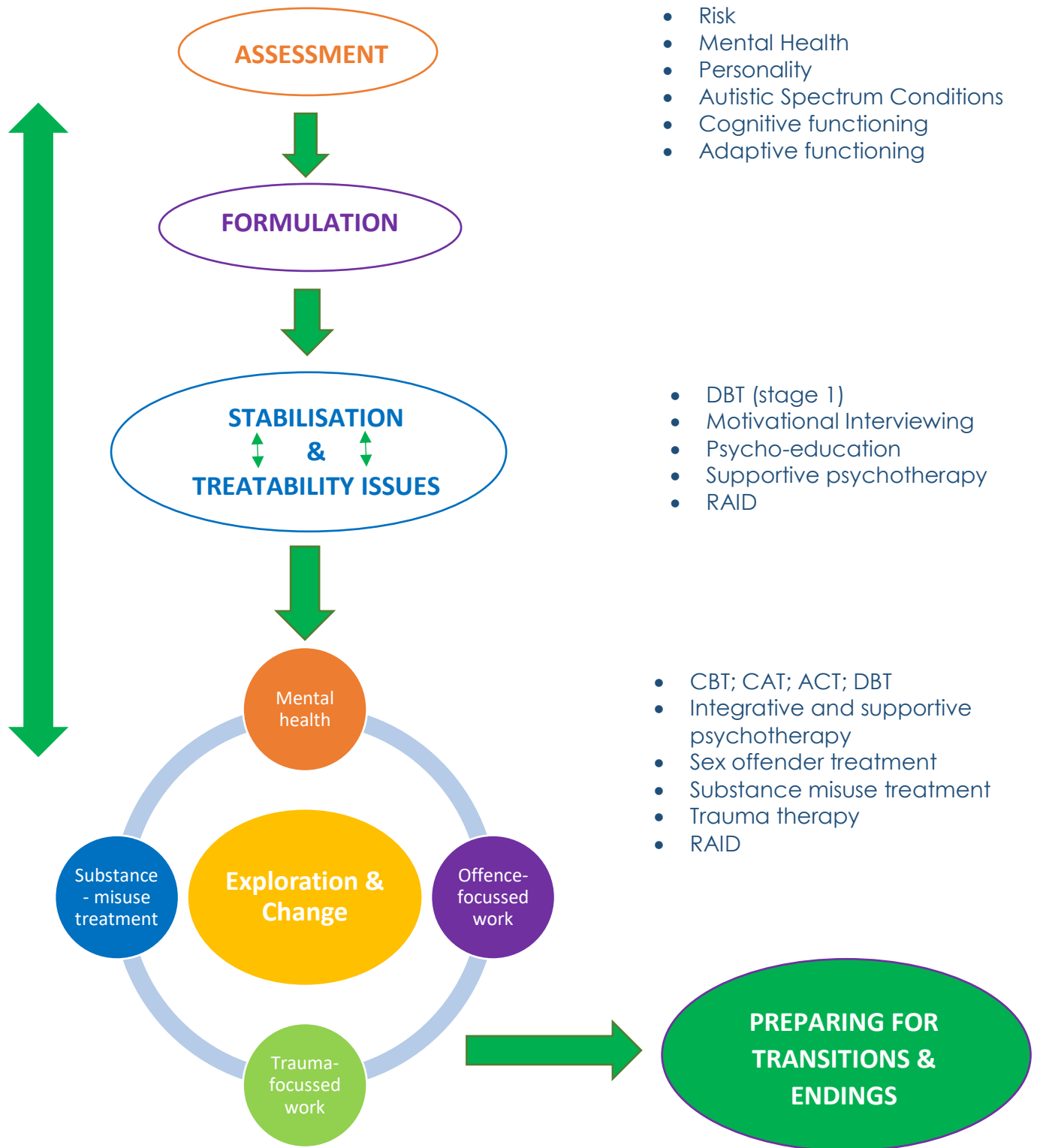


## Cygnets Hospital Bierley Psychology Pathway

The nature and timing of psychological interventions are informed by a psychological formulation. Some interventions will be delivered sequentially in order to target specific areas of need. Other interventions will integrate a range of approaches in order to address multiple areas of need within a single therapeutic episode. Not all recovery tasks/stages will be completed within a single placement.



**Psychologically-informed care** - The Psychology service supports MDTs to provide psychologically informed care by delivering: regular case consultations, reflective practice sessions, staff training, clinical supervision and participation in Clinical Team Meetings.