

Improving lives together

Acute Service for Women

Fisher Ward,
Cygnnet Hospital Hexham,
Northumberland

Accepting referrals



Fisher Ward is our 17 bed mental health acute service for women with complex mental health needs which provides a comprehensive range of treatments for women who require treatment in an inpatient setting.

The service and care delivery model is underpinned by an established Cognitive Behavioural Therapy (CBT) framework 'Comprehend, Cope and Connect'. This transdiagnostic approach to mental health difficulties brings together the impact of past trauma and adversity on present coping (comprehend), and utilises mindfulness and compassion-focussed approaches to manage change (cope and connect). The ethos of this service is to assess and treat individuals in a minimally restrictive environment and to plan for discharge in a robust and timely fashion.

Our experienced multi-disciplinary team works collaboratively with service users, carers, commissioners and the home team to provide a safe, effective and responsive treatment pathway that is co-produced and recovery orientated. The care pathway of 28 days aims to ensure a short length of stay and safe return to the community, where possible.



Female



18+ years



17 beds

Our service user profile:

- > Women, aged 18+ years
- > May be informal or detained under the Mental Health Act
- > Experiencing an acute episode of mental illness that cannot be safely managed in the community
- > Diagnoses may also include:
 - Depression, Bi-polar illness and other mood disorders
 - Anxiety
 - Psychosis
 - Schizophrenia
 - Schizo-Affective Disorder
 - Personality disorders
 - Dual diagnosis
 - Substance misuse issues



Proud to be a certified Triangle of Care member



We are able to take referrals 24 hours a day, 7 days a week. To make a referral, please call 0808 164 4450 or email chcl.referrals@nhs.net. We will respond within 1 hour of receipt of full clinical information.

1

Referral made to Cygnnet referrals team via 0808 164 4450 / chcl.referrals@nhs.net

2

Feedback provided on whether our services can meet the service user's needs within 1 hour of receipt of full clinical information

3

Admission agreed and arranged with referring team following confirmation of funding

Where are we?

Cygnnet Hospital Hexham
Anick Road, Hexham,
Northumberland NE46 4JR

Phone number
01434 408660



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