

Improving lives together

# Neuropsychiatric Service for Women

Cygnets Newham House,  
Middlesbrough

Good



Cygnets  
Health Care

Beds available  
Accepting referrals

Cygnets Newham House is our 20-bed neuropsychiatric care and treatment facility providing rehabilitation for women affected by acquired brain injuries (ABI).

The hospital provides a safe and secure place to aid recovery alongside offering those diagnosed with a progressive neurological disease like Huntington's Disease, a placement to support and help manage the progression of their symptoms.

The hospital is a modern purpose-built facility, designed specifically to provide a clinically-led evidence-based neuropsychiatric pathway for individuals presenting with behaviours that challenge as a result of their ABI.

Our focus is to create a therapeutic rich environment to engage the women in our care and offer them the opportunity to maximise their independence.

Our in-house Neuropsychiatry interdisciplinary team and person-centred approach puts the individual at the centre of their treatment and discharge planning. We offer a wide range of activities and facilities to promote independent function. Positive behaviour goals are focused on discharge planning to support service users to return to community living – either with support or independently.



Female



18+ years



20 beds



"My daughter couldn't be in a better place, the staff are so lovely and she loves it - she is always smiling."  
- Parent

## Our service user profile:

- > Women aged 18+ years affected by a neurological condition where challenging behaviour is the leading impairment
- > Women with complex presentations who could have comorbid mental health diagnoses, neurological or non-epileptic seizures
- > May be detained under the Mental Health Act, informal or subject to DoLS
- > May have a forensic history with a diagnosis of:
  - Established or suspected Acquired Brain Injury including those sustained through trauma, anoxia, stroke, tumour, virus or infection
  - Established or suspected neurodegenerative condition including Huntington's Disease
  - Specialist Dementia e.g. Frontotemporal Dementia
  - Korsakoff 's syndrome or other substance abuse related brain injury
  - Established or suspected Functional Neurological Disorder manifesting with behavioural, sensory, memory, fatigue, concentration or motor deficits
- > Presenting symptoms may include:
  - Dysphasia or other communication problems
  - Dysphagia with or without the requirement of PEG support / modified diets
  - Moderate to severe cognitive impairment
  - Mobility impairments
- > Presenting symptoms may include:
  - Psychiatric disorders including psychoses
  - Post-ictal psychosis
  - Organic personality disorder

## Our Interdisciplinary team:

- > Neuropsychiatrist / Psychiatrist
- > Neuropsychologist / Psychologist
- > Occupational Therapist
- > Speech and Language Therapist
- > Physiotherapist
- > Clinical Hospital Manager
- > Therapy Coordinator
- > Nurses across RMN/RGN/RNLD disciplines
- > Support Workers
- > GP cover from local practice

## Our services at a glance:

- > Inpatient bespoke assessment and treatment programmes offering both slow stream Neurobehavioural rehabilitation and long term symptom management
- > 3 – 6 month inpatient assessment/review of behaviour management
- > Overview and stabilisation of medication with monitoring of side effects
- > Treatment for co-morbid psychiatric conditions
- > Cognitive and executive function rehabilitation
- > Community reintegration assessment
- > Daily living skills rehabilitation
- > Assessment, treatment and management of associated physical deficits and physical health conditions

## Our hospital facilities:

- > En-suite individual bedrooms
- > Therapy kitchen and additional therapy spaces
- > Dining room
- > Communal lounge
- > Quiet room
- > Fully equipped gym
- > IT room
- > Multi-functional outdoor space including gardens
- > Accessible bathrooms
- > On-site laundry facilities
- > Specific dietary needs met by our in-house catering team

Our average length of stay in 2025 was

**7 months\***



"From day one arriving at Newham House I just knew this was the right place for her. The staff were so welcoming it just felt right." - **Family member**



**83%** of those discharged in 2025 were able to **return home or step down along their care pathway**



\*Based on discharges from 01.01.25 -18.12.25. 2 outliers omitted from 19 records, average LoS with these included is 10.5 months

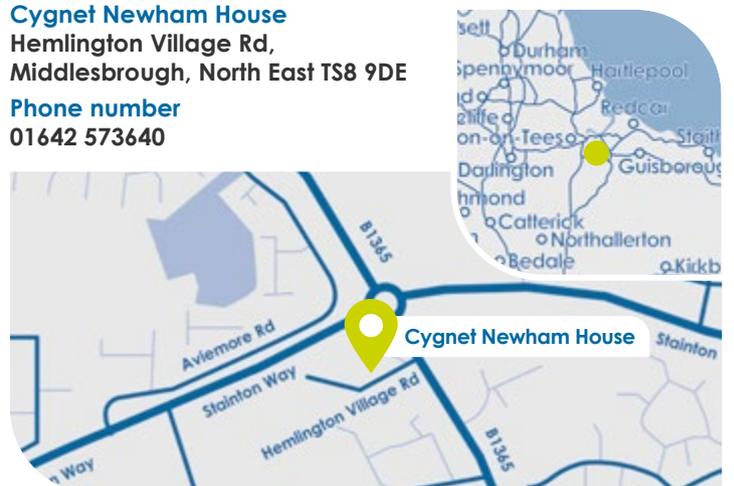


## Make a referral

- 1 Referral made to your **regional business relationship manager** or 0808 164 4450 / [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

## Where are we?

**Cygnets Newham House**  
Hemlington Village Rd,  
Middlesbrough, North East TS8 9DE  
**Phone number**  
01642 573640



CYG-675 | Date of Preparation: 13/01/26

Please visit [cygnetsgroup.com](http://cygnetsgroup.com) for more info | Follow us on social media:

**Integrity**

**Trust**

**Empower**

**Respect**

**Care**