

Improving lives together

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accepting
referrals

Good

Clarion Ward at Cygnnet Nield House is our complex personality disorder service for women with a dual diagnosis of personality disorder and co-morbid disordered eating. Both aspects can be treated simultaneously, with the appropriate specialist therapeutic input provided.

The service offers a phased treatment pathway which aims to help the service user understand and plan their journey through treatment. Clarion Ward focuses on the need for treatment to be collaborative with service users, taking account of individual needs, driven by multi-disciplinary understanding, support and interventions. This allows the women we support to progress through the service and increase their quality of life and functioning.



Scan the QR code or click here
to take a virtual tour of Cygnnet Nield
House



Female



18+ years



14 beds

Our service user profile:

- > Female, aged 18+ years
- > Primary diagnosis of emotionally unstable personality disorder (other personality disorder types will be considered)
- > Meet the diagnostic criteria for EUPD patients with co-morbid disordered eating
- > BMI >16 and medically stable (including risks associated with EUPD)
- > May be detained under the Mental Health Act or informal
- > May present with co-morbid presentations:
 - Self-harm
 - Self-neglect
 - History of substance misuse
 - Complex needs
 - Disordered eating
- > May have a history of trauma and/or abuse
- > May have experienced previous placement breakdowns



Our therapies and interventions:

- > Trauma Recovery Empowerment Model
- > Compassion Focussed Therapy
- > Radically Open-Dialectical Behavioural Therapy (RO-DBT)
- > Informed Dialectical Behaviour Therapy (DBT)
- > The Flash Technique
- > Eye Movement Desensitisation Reprocessing

Our multi-disciplinary team:

- > Consultant Psychiatrist
- > Psychologist
- > Assistant Psychologist
- > Occupational Therapist
- > Dietitian
- > Hospital Manager
- > Trainee Psychologist
- > Registered Mental Health Nurses (RMN)
- > Registered General Nurses (RGN)
- > Healthcare Support Workers
- > Therapy Co-ordinator

