



Your guide to **New Dawn Ward** Cygnet Hospital Ealing

Personality Disorder

New Dawn Ward

London

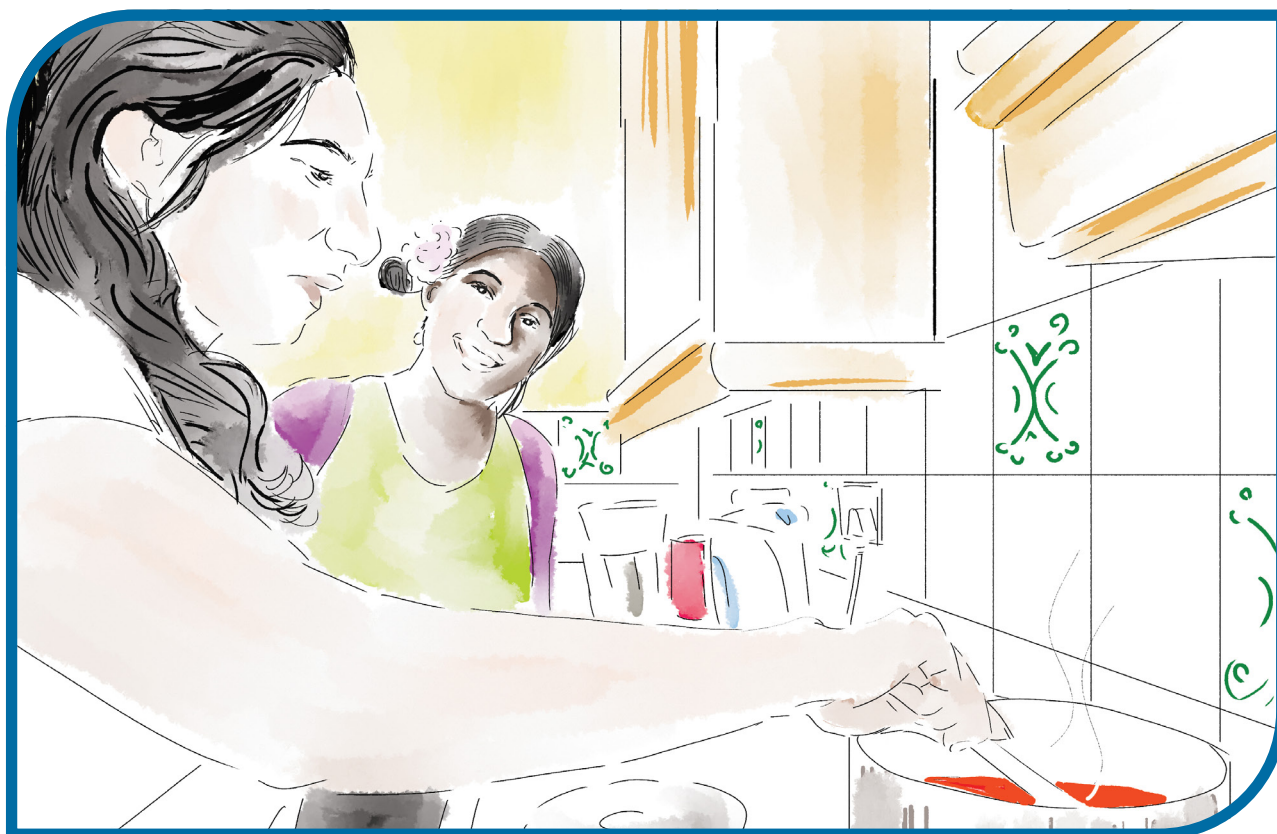
Registered address: Cygnet Hospital Ealing
22 Corfton Road,
Ealing,
London
W5 2HT

New Dawn Ward is part of Cygnet Hospital Ealing. This is owned by Cygnet. Cygnet Hospital Ealing is in London.

The people we care for in New Dawn Ward are:

- Female
- 18+





Up to 9 people can stay on New Dawn Ward.
We aim to make your stay here as calm and safe as possible. Staff will be supportive and friendly.

People we support



At New Dawn Ward we care and support for women with a personality disorder who are ready to engage in therapy.

We will support you if you are an informal patient or have been detained under the Mental Health Act.

You may have a primary diagnoses of:

- personality disorder
- schizophrenia
- schizoaffective disorder
- bipolar affective disorder
- depression

You may have been diagnosed with:

- self-harm
- self-neglect
- history of substance use
- complex needs
- treatment resistance
- a history of trauma and/or abuse

Therapies



Our staff are trained to help you deal with your problems in a safe environment. Some of the therapies available are:

- Dialectical Behaviour Therapy (DBT) this focuses on daily skills and skills homework group
- daily activities offered by the occupational therapy team, this could be self-nurturing, cooking, creative and walking groups
- specialist groups including body image and healthy relationships)
- music and creative therapies
- community meeting (every 2 weeks)
- carers group (once a month)
- family therapy
- Psycho-education talks on DBT every two weeks to help service users develop skills and assess risks

Our team



There are a range of people to help you during your stay at New Dawn Ward:

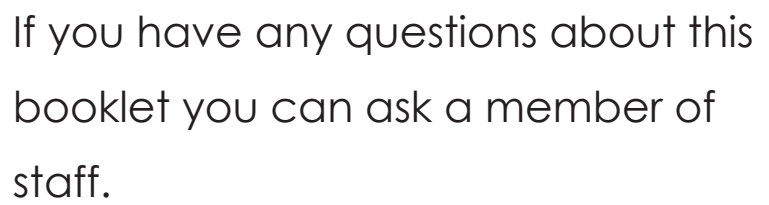
- psychiatry team
- psychology team
- nurses
- Ward manager
- occupational therapy team
- art therapist
- physical trainer
- social worker and assistant
- dietitian from Sunrise Ward

Activities and the Local Community

We will try to make your stay with us as pleasant as possible. Some of the activities available to you are:

- occupational therapy kitchen
- shopping
- coffee shops
- 'Come Dine With Me' every Friday
- Recovery College at CNWL
- volunteering work with local stables and charities



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CYG_ER_219 | Date of Preparation: 31/07/25



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