

Improving lives together

Medium Secure Personality Disorder Services for Men

Madison and Columbus,
Cygnet Hospital Bury Hudson,
North West



Accepting referrals

Cygnet Hospital Bury offers a dedicated personality disorder service on two wards, Columbus and Madison, in a medium secure setting. Both wards deliver care for men with enduring mental health needs and co-morbidity in a calm, therapeutic environment with a focus on service user experience, shared care and safety.



Male



18+ years



26 beds across 2 wards

Our Model of Care

Phase One

Understanding me
Pre-Admission & Admission

Getting to know my team and support group

Phase Two

My Skills
Assessment

Understanding my needs and support required for a safe future

Phase Three

My Independence
Treatment

Building trust, actively engaging in treatment and re-learning new skills

Phase Four

Preparing to move on
Transition & Discharge

Consolidating skills and moving on to a safe, purposeful and meaningful future



Our service user profile

- > Men, 18+ years
- > Primary diagnosis of personality disorder
- > Detained under the Mental Health Act, including Ministry of Justice restrictions
- > Requiring assessment and treatment in a secure environment
- > May have a history of trauma

Therapies and activities

Each service user has a treatment plan and therapeutic timetable that is person-centred and flexible. We're guided by the Royal College of Psychiatrists' Enabling Environments standards alongside our coproduced model of care. Therapies and activities are delivered on an individual and group basis and include:

- > Dialectical Behavioural Therapy (DBT)
- > Schema Focused Therapy (SFT)
- > Compassion Focused Therapy (CFT)
- > Cognitive Behavioural Therapy (CBT)
- > Eye movement desensitization and reprocessing (EMDR)
- > Social & daily living skills development
- > Education and vocational developments



The model of care promotes a collaborative approach, incorporating psychiatry, psychology, occupational therapy, social therapy, physical healthcare and more. We work closely with the service user, families and carers and external teams.

Our occupational therapists offer one to one support and group sessions including; social skills, sleep hygiene, healthy lifestyles, daily living skills development and community reintegration. They can support individuals to access educational and vocational placements both onsite and in the community.

We aim to support individuals to progress through their identified care pathway, into the least restrictive environment possible, while working to reduce the possibility of readmission back into secure care.



Scan the QR code or [click here](#) to watch David's Story

Regular inter-ward parties and sports tournaments held on-site

Engaged with Carers holding regular events

Embracing The Royal College of Psychiatrists Enabling Environments ethos

Links with local charities and community groups for volunteering

Fishing Club

I want to thank you for all your help and support, because you have helped me more than I could imagine.
- Former service users

Our Facilities

- > En-suite bedrooms
- > Range of communal spaces
- > Gym
- > Laundry
- > Occupational therapy kitchen
- > Therapy garden
- > External sports pitch
- > Recovery college



Make a referral

- 1 Referral made to your **NHS Partnerships Manager** or 0808 164 4450 / chcl.referrals@nhs.net
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Hospital Bury Hudson
off Buller St, Bolton Rd, Bury,
North West BL8 2BS

Phone number
0161 762 7200



CYG-686 | Date of Preparation: 26/11/24

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Trust

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Care