

Improving lives together



# Low Secure Mental Health and Specialist Deaf Service for Men

Bridge Hampton,  
Cygnet Hospital Bury - Dunes  
North West



Accepting  
Referrals

Bridge Hampton at Cygnet Hospital Bury is our 13 bed Low Secure Mental Health and Specialist Deaf Service for men. We offer individualised assessment, care and treatment of a wide range of mental disorders, alongside complex communication needs.

The hospital team includes both Deaf and hearing professionals who provide specialist expertise and resources to support the individuals in our care. Service users may have communication needs alongside a mental illness, autism, learning disability or personality disorder. We support them to participate safely and as fully as possible in their care, to achieve outcomes required to be discharged from hospital and continue their care pathway successfully.

All of our Mental Health and Specialist Deaf services use a recovery model and support each person to achieve realistic goals by:

- > Establishing and understanding their communication style, how it has developed and the factors that are likely to impact upon communication and behaviour.
- > Understanding the psychological, social, emotional and developmental impacts for people that have experienced language deprivation
- > Determining what potential a person has to improve communication and identify strategies and coping mechanisms
- > Developing highly individualised and accessible packages of care, in line with the All About Me Deaf Recovery Package



Male



18+ years



13 beds

## Our service user profile:

- > Men aged 18+ years
- > Mental Health Act Status: Detained under civil or criminal justice section
- > Complex communication needs which may relate to deafness alongside mental illness, autism, personality disorder or learning disability
- > May require inpatient care as a result of significant risk of aggression, absconding associated with serious risk of self-harm, suicide or vulnerability
- > May or may not have a forensic history

## Our service at a glance

A highly specialised multi-disciplinary team provides support at Bridge Hampton, including a registered consultant with over 10 years' experience within deaf services, a dedicated speech and language therapist, and full in-house interpreting team. We provide in-house training for staff up to Level 2 British Sign Language.

We offer a total communication environment with care and treatment programmes that are tailored to each individual's needs. Our person-centred approach allows us to create bespoke care plans addressing both physical and mental health needs. The service has received national recognition for its pioneering work in making recovery and outcome focused work meaningful and accessible.

### Our Model of Care

#### Phase One

#### Understanding me

Pre-Admission & Admission

Getting to know my team and support group

#### Phase Two

#### My Skills

Assessment

Understanding my needs and support required for a safe future

#### Phase Three

#### My Independence

Treatment

Building trust, actively engaging in treatment and re-learning new skills

#### Phase Four

#### Preparing to move on

Transition & Discharge

Consolidating skills and moving on to a safe, purposeful and meaningful future

## Innovation at Bridge Hampton

- > Recovery College
- > National Service User Awards
- > Adapted Safety Intervention training to ensure communication is not restricted
- > Mental Health Act code of practice Easy Read adaptation in association with NHS England
- > Personalised visual adaptations for Deaf service users with additional learning disabilities and complex needs
- > Accessible care plans, whether that be film, pictorial or other formats
- > All About Me Deaf Recovery package

All therapeutic programmes are adapted and delivered to make them meaningful and accessible based on individual language need. Individuals we support have won national awards for service user involvement projects and coproduced the award-winning All About Me Deaf recovery package.

Cygnet Hospital Bury is a major employer of Deaf staff, ensuring we provide high quality accessible services. Our highly experienced and skilled interpreting team work alongside a Deaf communication and translation specialist, enabling high quality care.

Over 1/3 of staff working on Bridge Hampton are Deaf



Maintaining and restoring family links where appropriate



Supporting individuals to discover their Deaf identity



Experienced in preparing complex aftercare packages

"You could not have done more for this gentleman at a really tough time in his life... his mental stability has been enduring because of this familiar support which has led us to him being able to discharge him from his section."  
care professional



Building community links and strong support systems in preparation for discharge



Links with local audiology team to fix or maintain hearing aids and cochlear implants

In-house training provided up to Level 2 British Sign Language



### Our community links:

- > Rochdale and Bolton Colleges
- > Deaf clubs across the North West
- > Canal and River Trust
- > Local cinema, bowling and shopping facilities
- > Leisure centre including gym



### Our facilities:

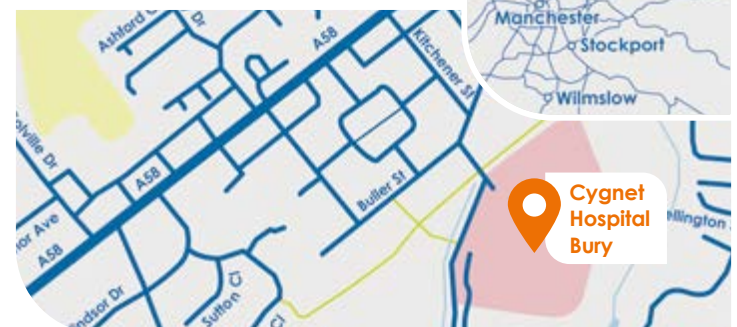
- > Recovery college including media suite
- > Sensory equipment
- > Occupational therapy kitchen
- > Therapy garden
- > Gym
- > Woodland walkways down to Elton Reservoir



## Where are we?

**Cygnets Hospital Bury**  
off Buller St, Bolton Rd, Bury,  
North West BL8 2BS

**Phone number**  
0161 762 7200



**Cygnets Hospital Bury**

For more information or to make a referral please call 0808 164 4450 or email [chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)

### Our referral process:

- 1 Referral made to Cygnets referrals team via 0808 164 4450/[chcl.referrals@nhs.net](mailto:chcl.referrals@nhs.net)
- 2 Assessment arranged and undertaken via our management team
- 3 Feedback provided on whether our service can meet the individual's needs
- 4 Assessment pack formulated including care plans and funding information
- 5 Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

CYG-1015 | Date of Preparation: 22/01/24

Please visit [cygnetsgroup.com](http://cygnetsgroup.com) for more info | Follow us on social media:

Integrity

Trust

Empower

Respect

Care