

Improving lives together

High Support Inpatient Rehabilitation (Level 2) Services for Men

Cygnnet Churchill, London

Good



Beds
available
Now taking
referrals

Mulberry Court and Elm Court are Cygnnet Churchill's high support inpatient rehabilitation (level 2) services for men who have severe and enduring mental illness, who may have been detained under the Mental Health Act.

By combining a collaborative, multi-disciplinary approach, Maple Court delivers high-quality care within a community atmosphere, while focusing on discharge planning from the moment individuals arrive. In addition we offer a four bed step-down service called Elm Court.

Our recovery programme is delivered in a culture that balances risk management with therapeutic optimism, where men have the opportunity to learn and practice the skills they will need in a completely safe environment.

In addition to the rehabilitation services at Churchill, we also provide a 17 bed male acute service, **Juniper Ward**. This is a safe and stabilising environment for men who are experiencing an acute episode of mental illness and require an emergency admission.



Male



18+ years



Mulberry Court - 18 beds
Elm Court - 4 beds

Our service user profile:

- > Men aged 18+ years
- > Detained under the Mental Health Act (1983) or informal
- > Primary diagnosis of mental illness with:
 - Complex comorbidities
 - Substance, drug and alcohol abuse
 - Treatment resistance
 - Behaviours that may challenge
- > Aiming for a return to community or community-based care
- > May have a history of trauma
- > Typical diagnoses: schizophrenia, schizoaffective disorder, bipolar affective disorder or depression
- > May have secondary diagnoses of mild learning disability, autism spectrum disorder or personality disorder
- > May have a forensic history and/or be stepping down from secure services
- > May have a history of repeated acute admissions

The service at a glance

Cygnnet Churchill is a service built on recovery principles around hope, empowerment, wellness, personal responsibility, community focus and connectedness. Throughout the many years that Cygnnet Churchill has been open we have achieved excellent outcomes for individuals, and we are committed to constantly improving their experience and clinical outcomes further.

We offer more than just specialists and treatments: We value the men we support as individuals, help enhance their interests, abilities and self-knowledge, encourage them to find their voice, support them to rebuild their lives. We deliver high-quality care with specialist interventions, but never lose sight of the goal of personal recovery.

Vocational support is provided to help individuals prepare for employment and other vocational activities. The men are supported to create CVs, apply for jobs, practice for and attend interviews as well as develop other skills necessary in a work environment.

Our facilities:

- > En-suite bedrooms
- > Barber
- > Music room
- > Gym
- > IT café
- > Therapy kitchens
- > Spacious communal garden with outdoor seating



Our multi-disciplinary team:

- > Consultant Psychiatrists
- > Specialty Ward Doctor
- > Psychologists
- > Assistant Psychologist
- > Registered Mental Health Nurses
- > Healthcare Support Workers
- > Registered General Nurse
- > Social Worker
- > Occupational Therapists
- > Occupational Therapy Assistants
- > Activity Coordinator
- > Art Psychotherapist
- > Pharmacist
- > Fitness Instructor
- > Mental Health Act Administrators
- > Medical Secretary
- > Clinical Administrator
- > Independent Mental Health Advocates

Close relationship
with community team
to ensure a smooth
discharge pathway



4

Daily Living (ADL) kitchens
to support
skill development



88%*



of the people we
supported were able to
step down along their
care pathway, or move
closer to home

*Data based on discharges between July 24
and Aug 25

Individuals are
supported to
learn healthy
coping skills
through
a range of
programmes



On average, we
support men on
Mulberry/Elm for
10 months*



Workshop for
**substance
use problems**



Onsite music room
containing **recording
equipment, drums,
piano and guitars**



Chat café
ran by the
psychology team
as laid back drop
in sessions



Service users are supported
to attend **Mosaic Clubhouse** for
a unique **transitional employment
programme**, enabling them to
experience entry level
employment opportunities



**Individuals supported
to attend local
vocational courses**
including, literacy, numeracy
and IT skills



Our community links:

- > Learndirect / Morley College / Lambeth College and The Blackfriars Project
- > Local library
- > Swimming pool at local leisure centre
- > Basketball courts
- > London Eye, London Aquarium, Tate Modern Gallery and National Theatre
- > London's Royal Parks
- > Thrive Horticulture Project
- > Mosaic Clubhouse

"Everyone was kind and helpful, always ready to listen and support me during my stay. My room was amazingly comfortable and the food superb. I have only praise for the professionalism of all those who cared for me."

Former service user

"My son is doing well and is not as angry as he used to be. Staff are looking after him well and things are fantastic! I am pleased as I will have my son back!"

Parent

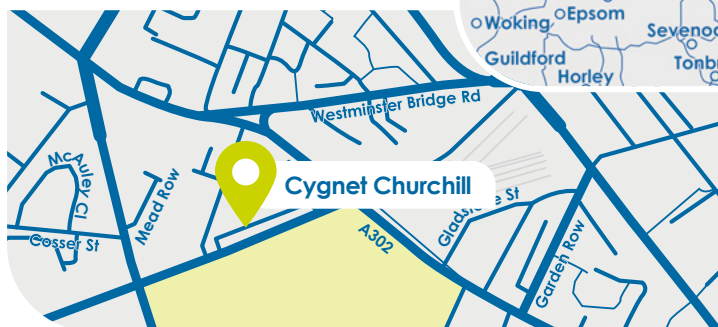
Make a referral

- 1** Referral made to your **regional business relationship manager** or 0808 164 4450 / chclreferrals@nhs.net
- 2** Assessment arranged and undertaken via our assessment team
- 3** Feedback provided on whether our service can meet the individual's needs
- 4** Assessment pack formulated including care plans and funding information
- 5** Admission agreed and plans for transition arranged with referring team following confirmation of acceptance of placement

Where are we?

Cygnets Churchill
Barkham Terrace, Lambeth Road
London SE1 7PW

Phone number
020 7928 2334



CYG-577 | Date of Preparation: 03/09/25

Please visit cygnetsgroup.com for more info | Follow us on social media:



Integrity

Trust

Empower

Respect

Care