

*Improving lives together*

# Bespoke Residential Apartments with Nursing



Lindsay House consists of two bespoke single person apartments providing a more independent living environment. Lindsay House is suitable for individuals with a learning disability who also have additional complex needs and behaviours that may challenge, requiring bespoke staffing packages.

These apartments each have their own front door, lounge and personalised en-suite bedroom, as well as a kitchen to support learning independent living skills and a shared private garden.

The individuals at Lindsay House are supported to access the extensive array of community amenities, including leisure centres, social clubs, shops, colleges, and work placement settings. They may also enjoy walks and visits to the nearby botanical gardens and Discovery Quay.

Our newly developed service has been designed with wellness in mind, providing a safe and comfortable environment that promotes independent living based on the specific individual requirements.

Each individual we support has their own individual activity plan, which is created based on their likes and hobbies. Their goal is to enable each individual to structure their time, build relationships and establish a balance between therapy, self-care, work and leisure, as appropriate to their individual needs.



Mixed  
gender



18+ years



2 placements

## The people we support:

- > Adults 18+
- > Primary diagnosis learning disability and complex needs, with or without mental health needs
- > May have Autism



## Our facilities:

- > En-suite bedrooms
- > Kitchen
- > Lounge
- > Each apartment has its own front door
- > Enclosed garden





### Our community links:

- > Local leisure centres
- > Social clubs
- > Shops
- > Colleges
- > Botanical gardens
- > Discovery Quay



For more information or to make a referral, please contact your regional Business Relationship Manager or email: [sc.referrals@cygnethealth.co.uk](mailto:sc.referrals@cygnethealth.co.uk)

- 1 Referral made to Cygnet Social Care and a desktop assessment is undertaken to review suitability for placement
- 2 If a suitable placement is identified, an assessment is arranged and undertaken by our specialist team
- 3 Feedback is provided on whether our service can meet the individual's needs
- 4 Detailed placement proposal is formulated to include care plans and funding information
- 5 Once placement is confirmed, transition plans are developed with all relevant stakeholders and admission date is agreed

## Where are we?

**Lindsay House**  
Americanmuir Road,  
Dundee DD3 9AG

**Phone number**  
01382 819 910



CYG-918 | Date of Preparation: 08/09/25

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